

## ANEXO 4

### **PARA SABER MÁS.... ONLY IN ENGLISH!**

*“A better understanding of the way in which enterprises tackle all aspects of health and safety is particularly important at this time, as employers face several important new challenges. Companies are under even more pressure to remain competitive in a time of recession and therefore have to use resources efficiently and in a targeted way. This may have an impact on developing prevention strategies as well as staffing levels. At the same time, work-related stress, violence and harassment present a new and increasing challenge for enterprises.*

*Therefore, an understanding of workplaces’ needs for support and expertise, of the factors that encourage action and of those that hinder it, is essential for the design of effective interventions”<sup>1</sup>.*

**Jukka Takala**  
**Ex Director**

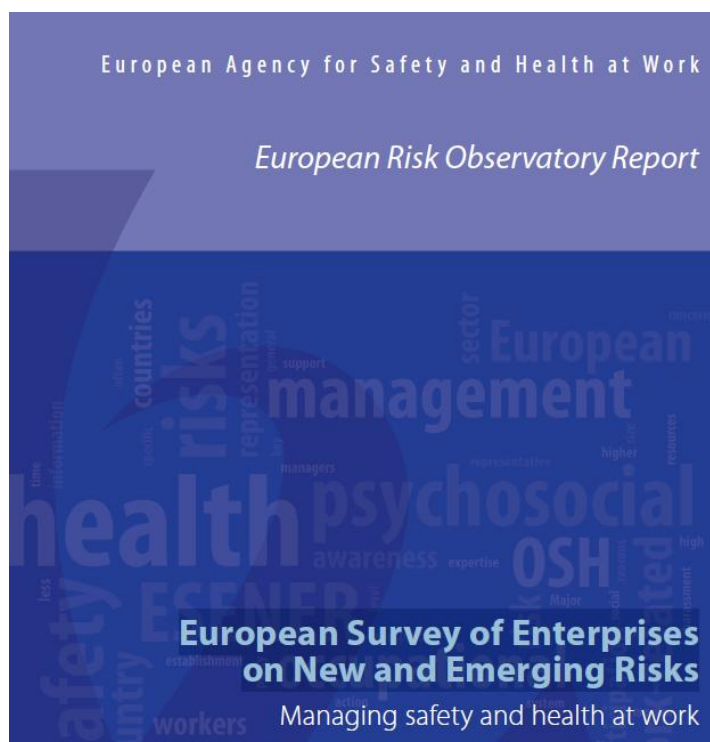
**European Agency for Safety and Health at Work**

Más de 500 millones de personas trabajan en la Unión Europea. Los ciudadanos de la UE pueden trabajar en muchos estados europeos como si estuvieran en casa. Así nos podemos plantear en qué país nos gustaría más o dónde buscar trabajo.

Europa, en concreto la UE, está en realidad muy cerca de sus ciudadanos y determina muchos aspectos de nuestra vida. La Seguridad y Salud en el Trabajo es uno de ellos.<sup>2</sup>

Europa somos todos, y Europa nos afecta a todos. Cada fin de semana observamos con estupor las desgarradoras cifras de la accidentabilidad en carretera. Cada día millones de trabajadores y de trabajadoras ponen sus vidas en riesgo. La adopción de medidas de seguridad y prevención es responsabilidad de toda la

sociedad: Gobiernos, empresarios y empresarias y la población trabajadora. Europa se preocupa por tú seguridad laboral.



<sup>1</sup> Tomado de [https://osha.europa.eu/en/node/6745/file\\_view](https://osha.europa.eu/en/node/6745/file_view)

<sup>2</sup> Adaptado de Europa un Diario para los jóvenes. Luxemburgo: Oficina de publicaciones de la Unión Europea 2015.

Este documento constituye una buena fuente de información de primera mano. Permite comparar la situación entre los países que integran la UE. Está disponible en Inglés.

*“Through the Framework Directive 89/391/EEC and its individual directives, European Union legislation provides the framework for workers in Europe to enjoy high levels of health and safety. Implementation of these provisions differs from one country to another and their application at the workplace varies according to sector, category of worker and size of organisation.*

*The key question that ESENER addresses is how workers’ health and safety is safeguarded in practice – with the aim of identifying factors that facilitate or encourage enterprises to take effective measures and those that impede or discourage such action. This type of information is vital to the development of effective policies – whether regulatory, guiding or supportive – and in order to be prepared for the challenges to come. One of the main challenges facing employers today – clearly identified in the Community Strategy – is the increasing importance of ‘emerging’ risks, such as stress, violence and harassment.*

*EU-OSHA’s European survey of enterprises on new and emerging risks (ESENER) explores the views of managers and workers’ representatives on how health and safety risks are managed at their workplace.*

*From the range of workplace risks, the survey places particular focus on the growing – and relatively new – area of psychosocial risks. These risks, which are linked to the way work is designed, organised and managed, as well as to the economic and social context of work, result in an increased level of stress and can lead to serious deterioration of mental and physical health.*

*Workers’ involvement is a further aspect of the management of safety and health at work that is described by ESENER. With a separate interview directed at health and safety representatives, the survey investigates how this legal obligation is put into practice in European workplaces”<sup>3</sup>.*

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<sup>3</sup> Texto íntegro disponible en [https://osha.europa.eu/en/node/6745/file\\_view](https://osha.europa.eu/en/node/6745/file_view)