

# Abstract

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“Time has become an increasingly important topic in urban studies and urban planning. The spatial-temporal interplay is not only of relevance for the theory of urban development and urban politics, but also for urban planning and governance. The space-time approach focuses on the human being with its various habits and routines in the city. Understanding and taking those habits into account in urban planning and public policies offers a new way to improve the quality of life in our cities. Adapting the supply and accessibility of public spaces and services to the inhabitants’ space-time needs calls for an integrated approach to the physical design of urban space and to the organization of cities.”