

Development of skills in audiovisual communication

Video Resume - VideoCurriculumVitae

Gijón, 3 to 5 July de 2017

Into

2nd International Joint Staff Training Event

“Desarrollando competencias para la búsqueda de empleo e inclusión.
Una perspectiva internacional”

Project 2016-1-ES01-KA204-025159 ERASMUS+

*Sharing effective educational practices and systematizing a training competences programme
for employment and inclusion for vulnerable adults.*



Co-funded by the
Erasmus+ Programme
of the European Union

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UNIVERSIDAD DE OVIEDO

Audiovisual ICT

Audiovisual ICT COMPETENCES

To know how to work with visual material
& VIDEO CURRICULUM VITAE, VCV or Video resume

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Universidad de Oviedo

The main problem: The high Spanish educational failure.

The goal: To know effective strategies to fight it.

The contents:

1) ICT chaos, choosing and using different strategies.

2) Audiovisual: a powerful tool / methodology.

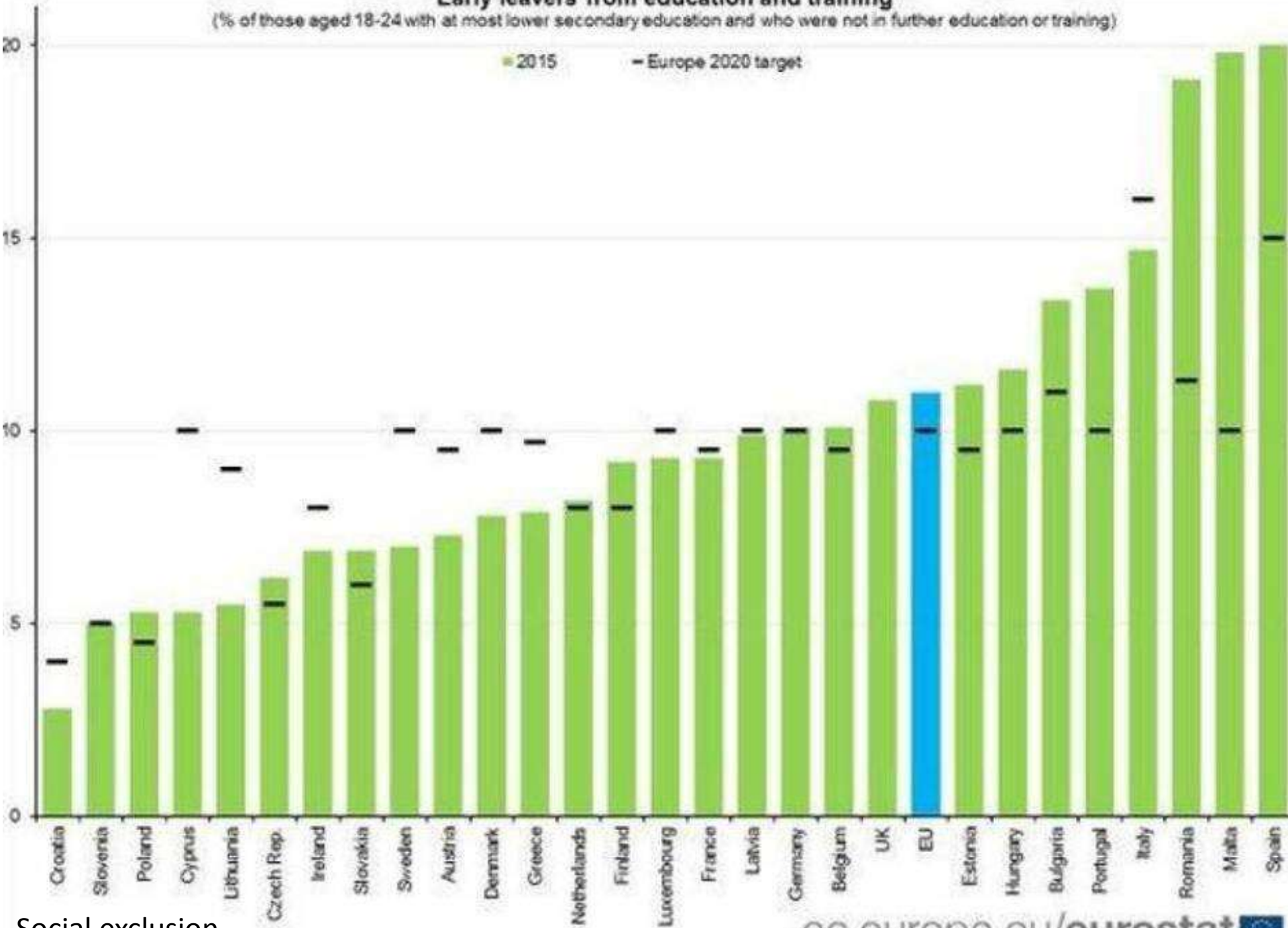
3) Neuromarketing: How to be more effective building
knowledge.

4) Some audiovisual methodologies.

5) Video Resume - VideoCurriculum: A direct utility .

Early leavers from education and training

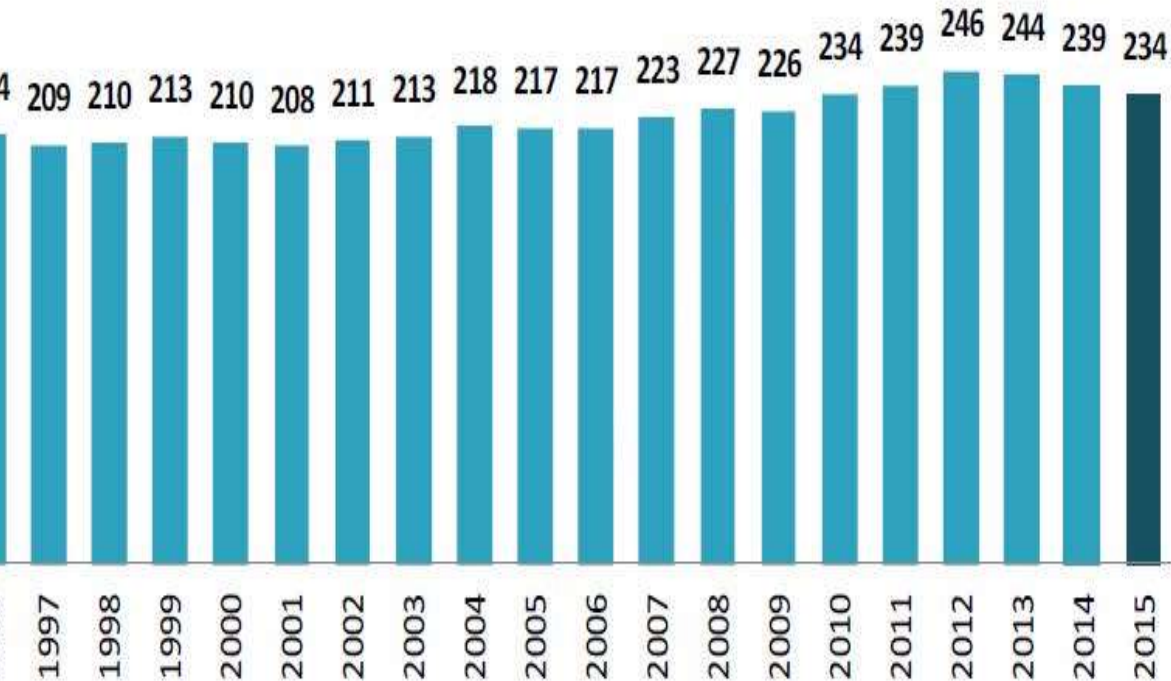
(% of those aged 18-24 with at most lower secondary education and who were not in further education or training)



Audiovisual communication is one of the most important cultural resource in our society

Their potential is given by the high number of hours people spend watching pictures: + than 4 h. day / person watching TV, PC screens, pictures on mobile screen...

Evolución anual consumo TV lineal (Min Ind./día)



In the last years: 95,3% of children between 4 and 12 years watch TV 3h30/day, The favourite time is the night, between 22h. and 22h30.

(Corporación Multimedia y Asociación para la Investigación de Medios de Comunicación)

Do we know the documents most viewed by our society?
The video Gangnam Style reached 3 thousand million views

YouTube - Broadcast Yourself. - Microsoft Internet Explorer

Archivo Edición Ver Favoritos Herramientas Ayuda

Atrás Búsqueda Favoritos Multimedia

Dirección <http://www.youtube.com/> Ir Vínculos >>

msn Buscar Resaltar Opciones Ventanas emergentes bloqueadas (1) Hotmail Messenger Mi MSN Noticias

You Tube
Broadcast Yourself™

Hello, [jav33207](#) | [My Account](#) | [History](#) | [Help](#) | [Log Out](#) | [Country](#)

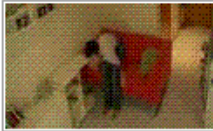


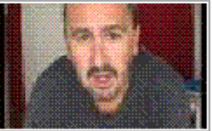
Danc.flv [Upload](#)

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Videos being watched right now...

Gangnam Style


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RoberX

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What/ Who inspires you video con...
Post a response by July 10th. And NO, Ben Davis didnt give me the gear, fool.
www.stevieryan.tv
Time: **05:34**


From: [littleloca](#)
Views: 11,757

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Comments: [0](#) 1562 ratings



Microsoft Word es un software destinado al [procesamiento de textos](#).

Fue creado por la empresa [Microsoft](#), y actualmente viene integrado en la *suite* ofimática [Microsoft Office](#).¹

Originalmente fue desarrollado por [Richard Brodie](#) para el computador de [IBM](#) bajo [sistema operativo DOS](#) en 1983. Se crearon versiones posteriores para [Apple Macintosh](#) en 1984 y para [Microsoft Windows](#) en 1989, siendo para esta última plataforma las versiones más difundidas en la actualidad. Ha llegado a ser el procesador de texto más popular del mundo.

Contenido [ocultar]

1 [Reseña histórica](#)

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6.1 [Ayuda y Soporte](#)

6.2 [Recursos de terceros](#)

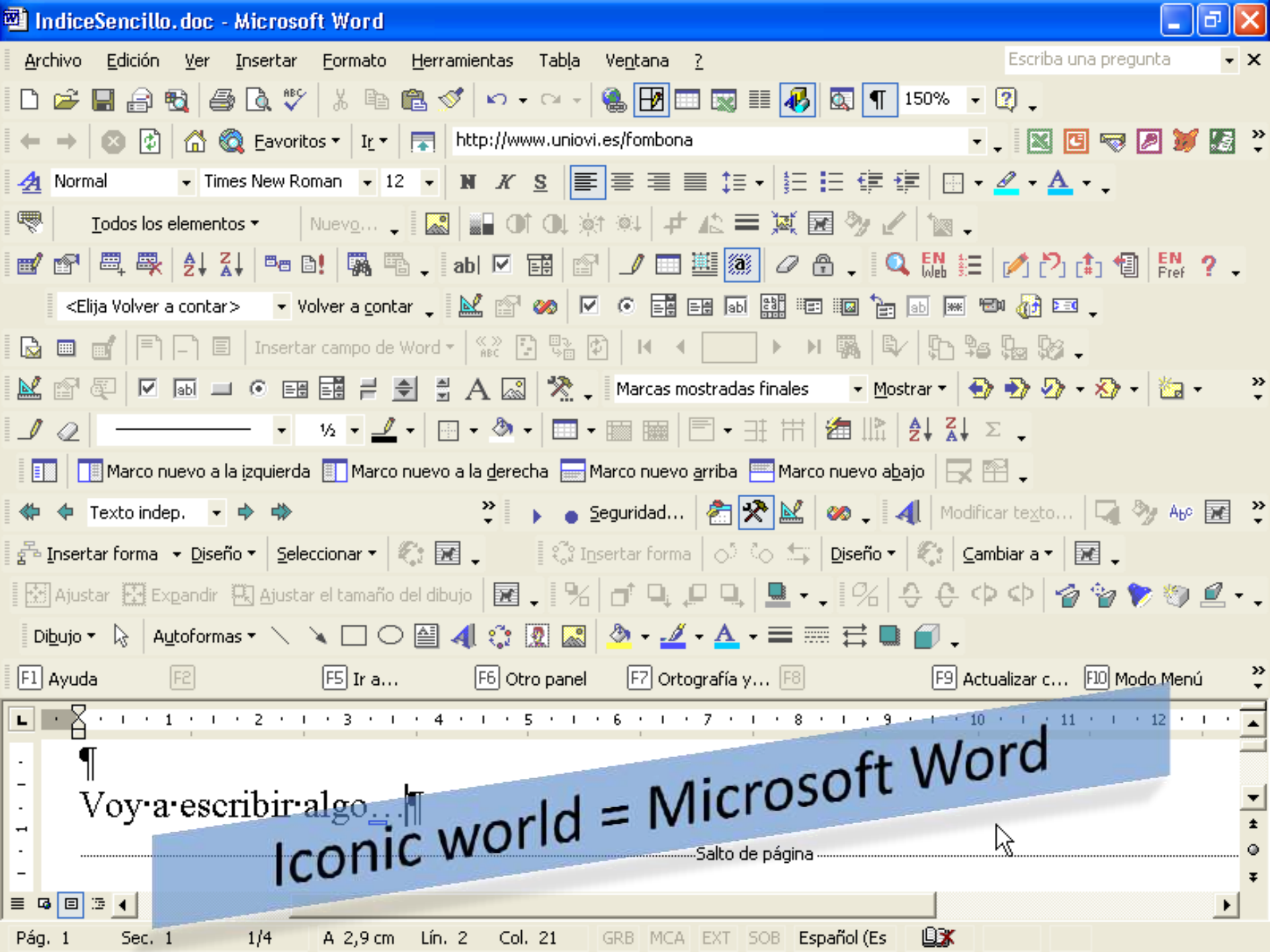
Reseña histórica

[\[editar\]](#)

En sus inicios, MS Word tardó más de 5 años en lograr el éxito en un mercado en el que se usaba comúnmente [MS-DOS](#), y cuando otros programas, como [Corel WordPerfect](#), eran mucho más utilizados y populares.

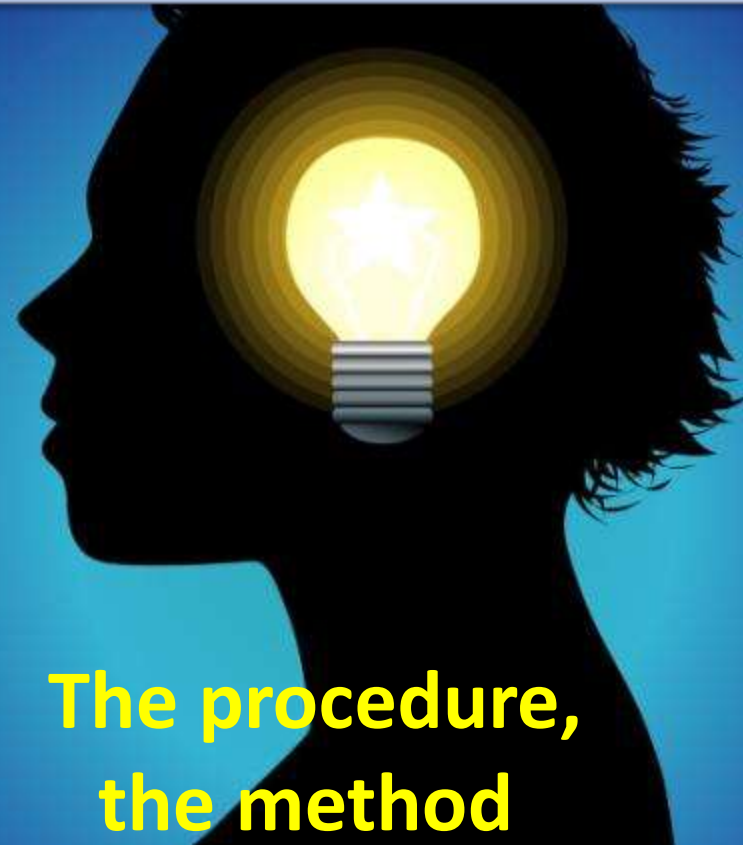
La primera versión de Microsoft Word fue un desarrollo realizado por Charles Simonyi y Richard Brodie, dos ex-programadores de [Xerox](#) contratados en 1981 por [Bill Gates](#) y [Paul Allen](#). Estos programadores habían trabajado en Xerox Bravo, que fuera el primer procesador de textos desarrollado bajo la técnica [WYSIWYG](#) ("What You See Is What You Get"); es decir el usuario podía ver anticipadamente, en pantalla, el formato final que aparecería en el impreso del documento. Esta primera versión, Word 1.0, salió al mercado en octubre de 1983 para plataforma [Xenix MS-DOS](#); en principio fue rudimentario y le siguieron otras cuatro versiones muy similares que no produjeron casi impacto en las ventas a usuarios finales.

La primera versión de Word para [Windows](#) salió en el año 1989, que si bien en un entorno gráfico resultó bastante más fácil de operar, tampoco permitió que la notablemente. Cuando se lanzó al mercado Windows 3.0, en 1990, se produjo el real despegue. A Word 1.0 le sucedieron Word 2.0 en 1991, Word 6.0 en 1995, la versión se introdujo a fin de que coincidiera con la numeración del versionado de [Windows](#), tal como fue Word 95 y Word 97. Con la salida del Windows 2000 (homóloga de Word 10.0) la versión Word 2002 emergió en la misma época que el sistema [Microsoft Office XP](#), en el año 2001; un año después le siguió la versión



2) Visual ICT : A successful methodology

The visual model
could be a point of
reference for the
knowledge transfer
...



**The procedure,
the method**

is as important as the content!

New technical resource
New educational methodology

- Why a work of art is a piece of art?
- Why is it so expensive?
- What price should these works of art have?

FeA

One of these two paintings was painted by children

Boc

Javier Fom



Different languages

Visual language (no training required?)

Linguistic (needs specific training)



豚

O escritor João Carlos na E.B.1 de zarfe

Hoje o escritor João Carlos veio à minha escola, com o seu sentido de humor até devia ser doutor!

Veio apresentar o seu livro "Inspiração do compositor." Era tudo muito interessante! É nada tinha de horror, eram histórias a rimar. É agora vem o livro da criança que nos vai encantar...

Nós lemos partes do seu livro muito interessantes. Quem me dera que o livro fosse meu! Já leu-nos como começou a escrever. Achei muito bonito e adorava ver. O escritor tinha família cá em zarfe. Eram os serralheiros. E viviam nesta pequena aldeia que nos campos tinha palheiros. No lugar de Fundevila eles habitavam. É deserto ele e os seus irmãos era lá que brincavam.

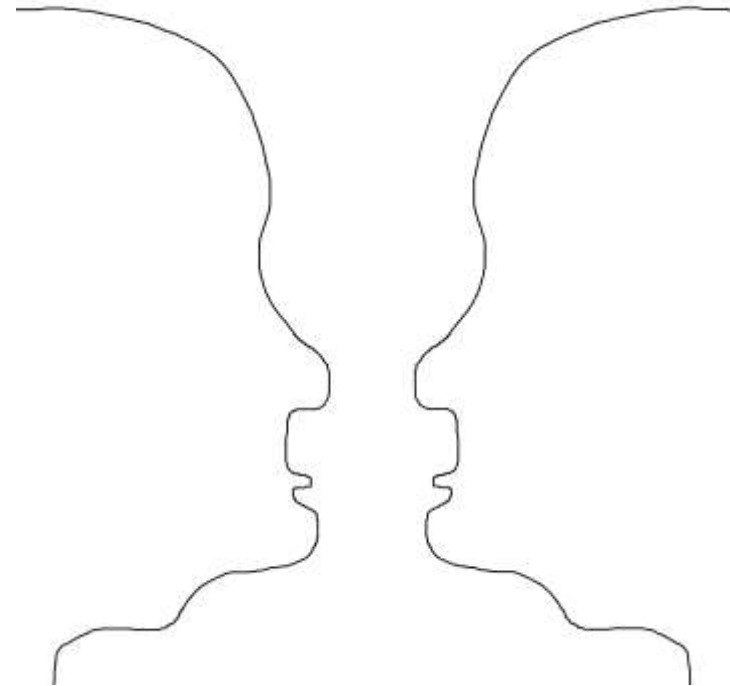
Adorei o escritor na minha escola. Vou guardar todas estas lembranças na minha memória.

Bruna Martins

Maria da Conceição 97. 11/05

Audiovisual literacy?

Gestalt, psychologists who studied the shape



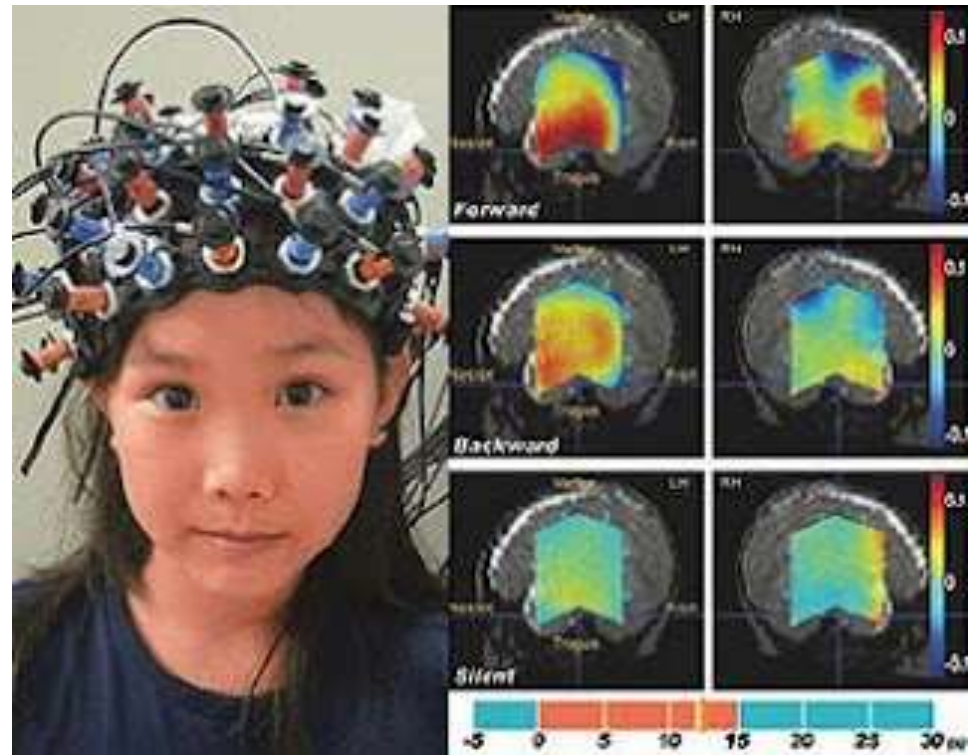
3) Neuro... marketing

- Antonio Damasio

Emotional contamination in every rational decision.

- Pradeep A.K. Neurofocus

So, the questionnaires are giving wrong results.

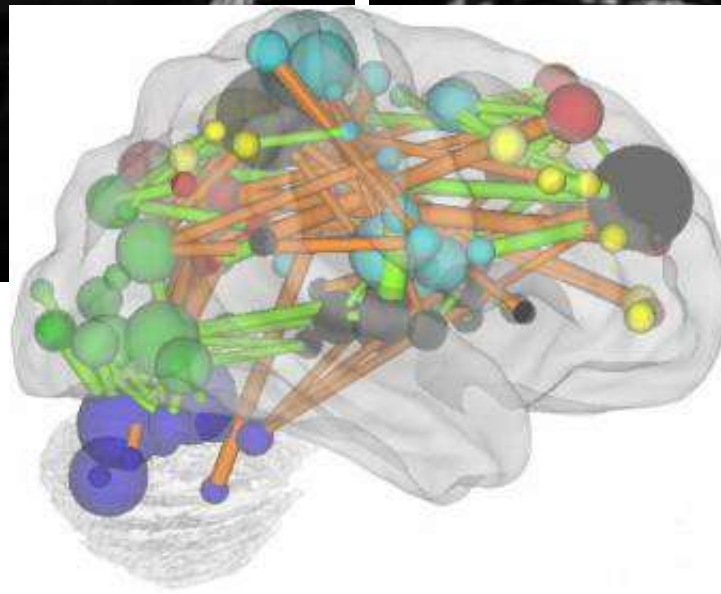
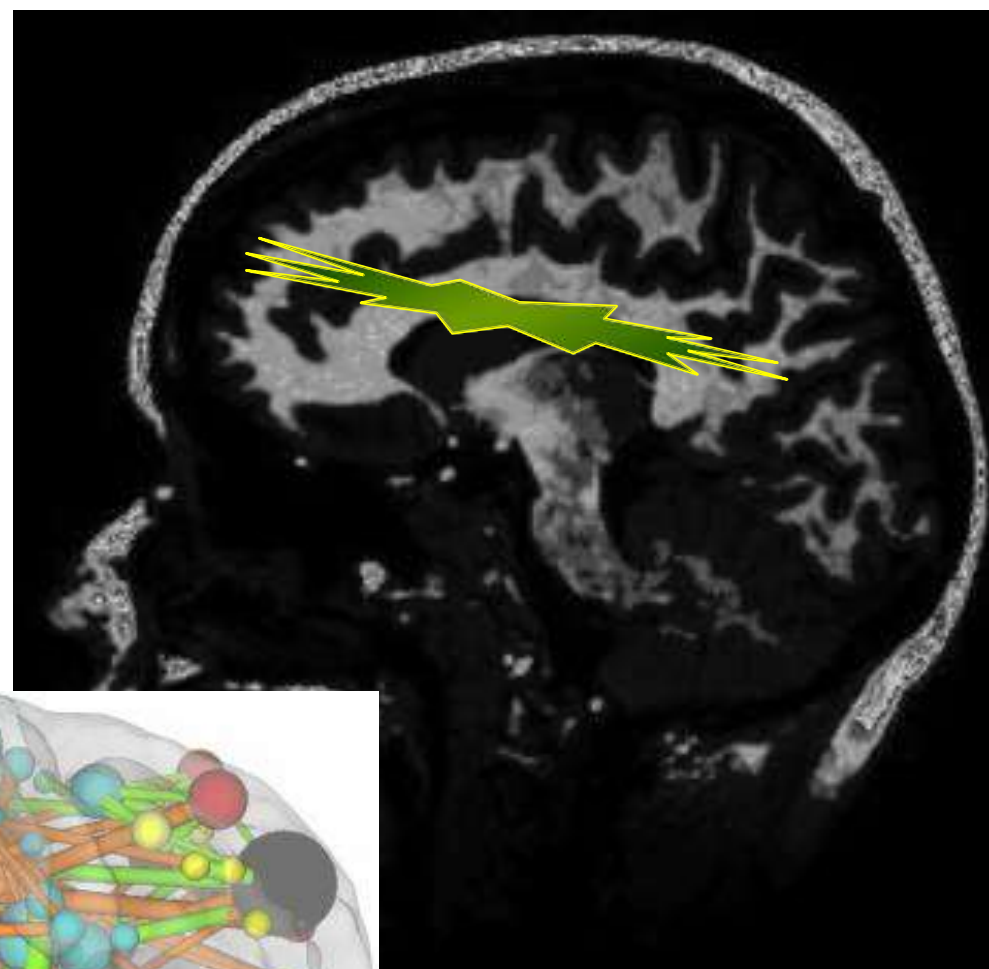
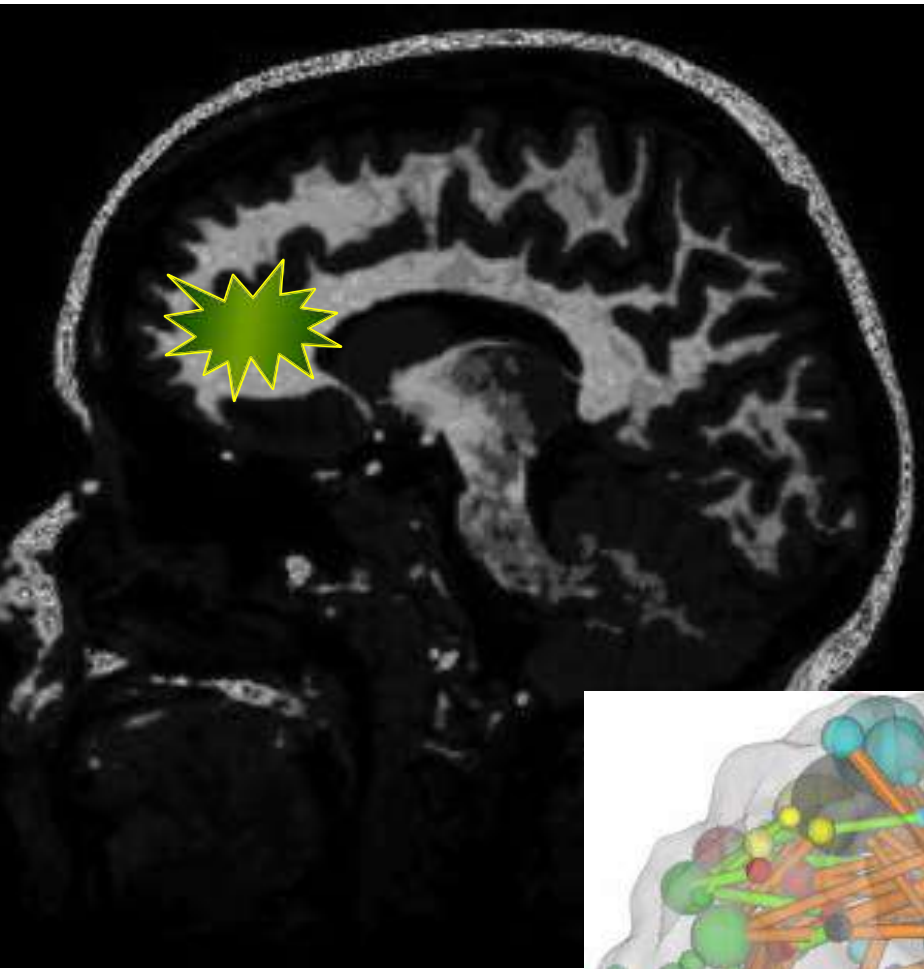




Brain-on
Fabio Babiloni
Dpt^o. Neurofisiología
Univ. Sapienza Roma 1



Located footprint Vs. interconnected

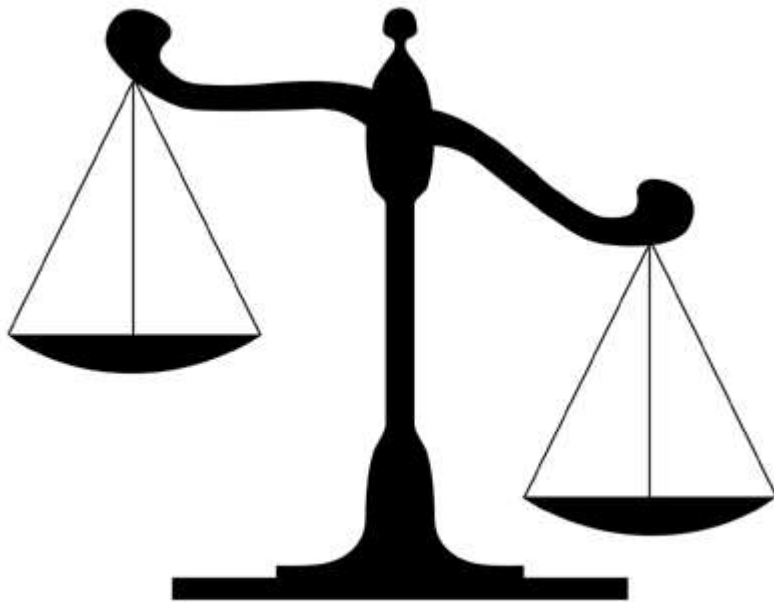


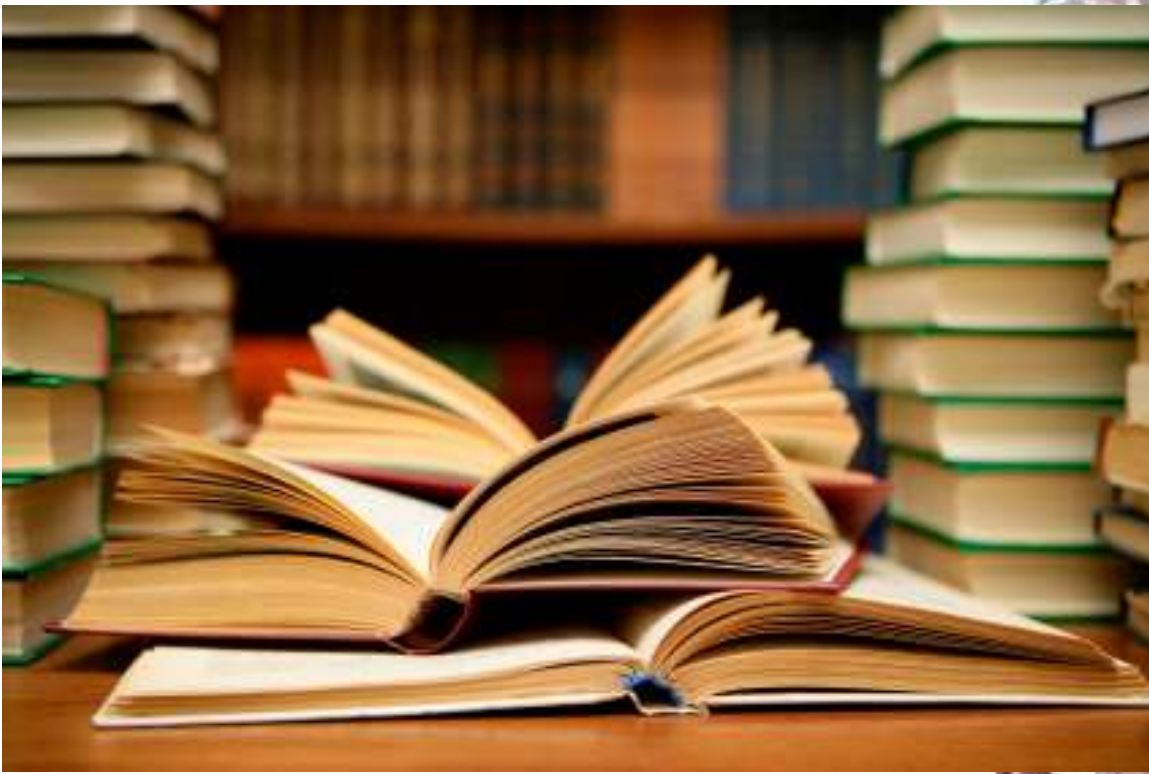
Mature brain
Long connections
(Dosenbach)

Management Rational Vs. Emotional



Scholar Model - AV Model





The school kills the creativity

Robison, K. (2005). [How creativity, education and the arts shape a modern economy](#)

Sir Ken Robison

<http://www.youtube.com/watch?v=zDZFcDGpL4U>



4) Some audiovisual methodologies

How does the social media work?

- How does the audiovisual achieve this power?
- What is attractive to the user?
- Could we take advantage of this and make more effective our resources?



ADAM

Efficacy of the Audiovisual for Competition: Marketing

(STRATEGIES to win the customer over)

- **Planning for control the markets.**
- **Maximizing profits.**
- **Manipulating the demand.**
- **Studying the profitable profiles.**
- **Cultural colonization.**
- **Control and globalization of the markets.**
- *The product is good if people buy it.*

■ Etc.

Show - see –Thalamus- understand
(PPT)



write-read- understand

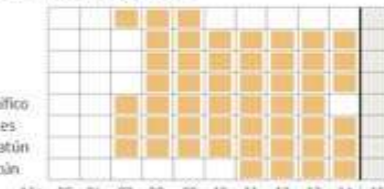


Educational potential of moving graphics

Calendario oficial del proyecto

El tercer juego de esclusas entrará en funcionamiento entre 2014 y 2015.

- Diseños, pruebas y contratos
- Esclusas del Atlántico
- Esclusas del Pacífico
- Tinas de reutilización del agua
- Excavación seca de cauces acceso del Pacífico
- Dragado nuevos cauces y cauces existentes
- Profundización cauces navegación lago Gatún
- Subir nivel máximo de operación lago Gatún



Quién construirá las esclusas

Tres consorcios pujarán por las obras para diseñar y construir el tercer juego de esclusas.



Consorcios

GRUPOS UNIDOS POR EL CANAL

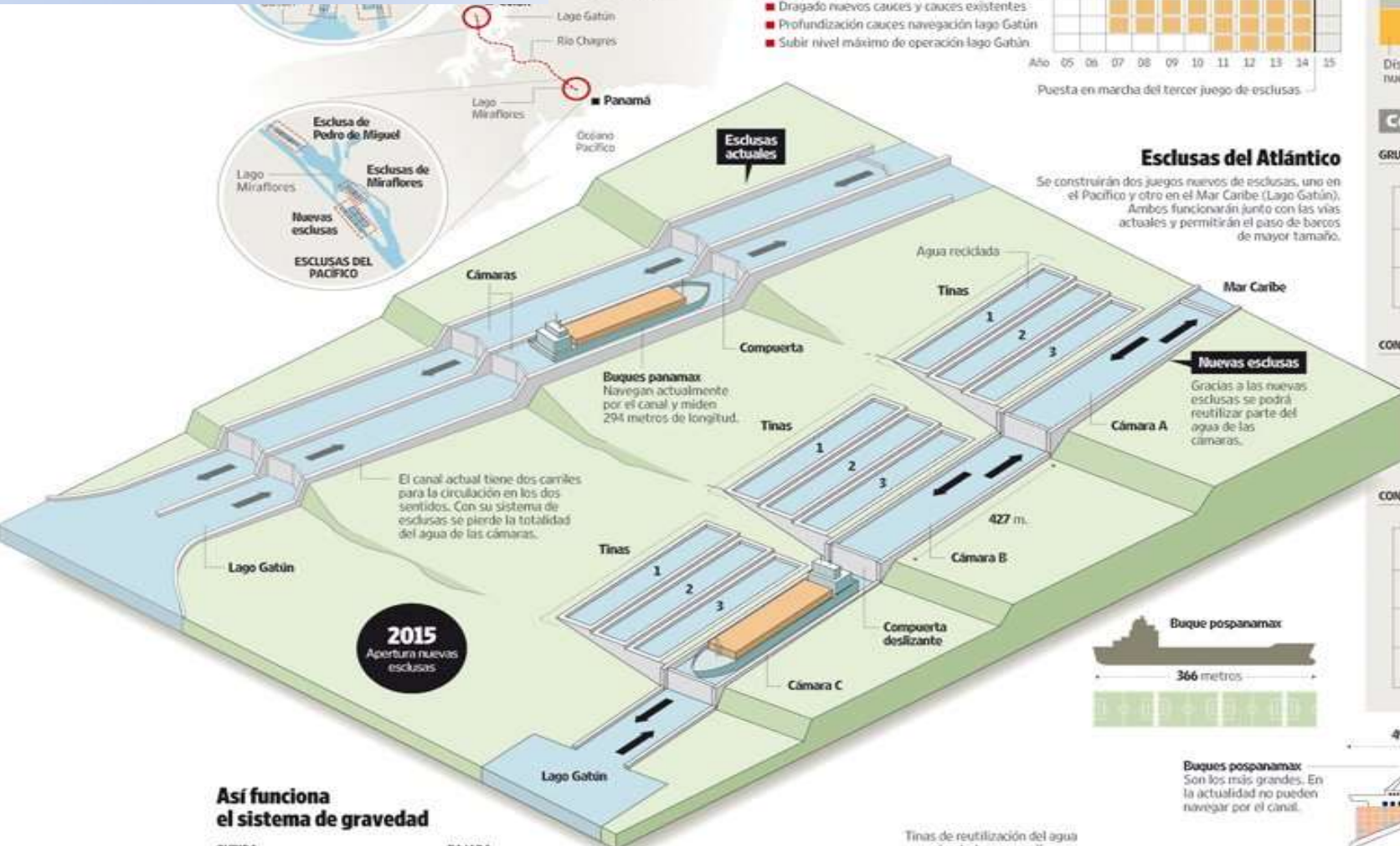
- Sacyr Valleherm.
- Impregilo
- Jan de Nul
- C. U. CUSA

CON: BECHTEL, TAISEI, MITSUBISHI

- Bechtel
- Taipei
- Mitsubishi

CONSORCIO CANAL

- ACS
- Acciona
- FCC
- Hochtief
- ICA



2015
Apertura nuevas esclusas

Así funciona el sistema de gravedad



5) VideoResume: A direct utility

Multiple types and models of CV document

- Europass <http://sepie.es/iniciativas/europass>;
<https://europass.cedefop.europa.eu/es/documents/>
- Resume Researcher at the University
- Resume ANECA
- Autobiography-Bioblurb-Biosketch-Biodata-Resume
- **Alternatives from PPT** <https://www.powtoon.com/powtoon-gallery/>
- Software: Office 10 PPT Record Slide Show; Camtasia Studio Soft.
- **VideoResume** <http://www.tumeves.com/>
- **Personal Branding Video** <https://www.youtube.com/watch?v=9CkFNkHhSsl>
<https://www.youtube.com/watch?v=MG8B87CnnkU>



Video job offers from the employer point of view

¿No ves la salida?

Video Resume

About the content

- 1) Your personality... a powerful start
 - 2) Passion / emotion: unique story, growing interest, organizing well your ideas and values, putting your exemplary tasks.
 - + Always positive , anecdotal, taking care your image, self-confidence, speaking different languages, loud and clear...
 - + Your actions must be constant and consistent each other.
 - + Showing personal and professional strengths, “the humility wins the braggart”
 - 3) Summarizing main ideas, close/distant goals, what I will give and what I need
 - 4) Final thanks, referring to the complete CV, and “don’t hesitate to contact me”
- Diffusion specific website or network

Video Resume

How to do...

Technical means:

Recording equipment / soft,

Tripod,

Specific light,

Micro / sound,

- 3 min. Max.

- Watching to the optical camera

- To take care of your figure and background (long shot)

- To Show your hands

- To follow a script, but It must seem improvised, spontaneous, colloquial, not read all ... Etc.

VCV is a visual document where we must use visual strategies



Key features in a picture

Key lines

Let's look at the main lines

Let's put the lines right



Key lines (curves)

C4
PALLAS

CHEGOU O CITROËN C4 PALLAS.
DENTRO DELE TUDO FICA DIFERENTE.



3 ANOS DE GARANTIA



O Citroën C4 Pallas oferece para você o independente sistema de correção de direção, porta-bagagens de 380 litros, dos retrovisores, banco do motorista com

de bagagem, freios ABS + AFU, alarm digital, ar condicionado digital 3 zonas, climatização bivalente automática, ESP + ASR, sensor de estacionamento frontal, computador de bordo, perfumador para-bacal com sensor de chuva, rádio MP3 com comando ao volante, relâmpago elétrico, regulagem elétrica, e muito mais. 0800 011 8088 • www.citroen.com.br



CITROËN
IMAGINAÇÃO EM TUDO

Let's look for the Key lines

CHEGOU O CITROËN C4 PALLAS. DENTRO DELE TUDO FICA DIFERENTE.

C4 PALLAS

3

O Citroën C4 Picasso oferece um espaço interior inovador, sistema de climatização de ambiente, porta-malas de 580 litros, dos retrovisores, banco do motorista com

plano para apoiar os pés, sistema de som com 12 alto-falantes digitais de alto desempenho, interior para-brisa com sensor de chuva, rádio MP3 com comando ao volante, climatização elétrica e espelhos elétricos. **0800 011 8088** = www.citroen.com.br

CITROËN
IMAGINAÇÃO EM TUDO

Key lines with b/w picture

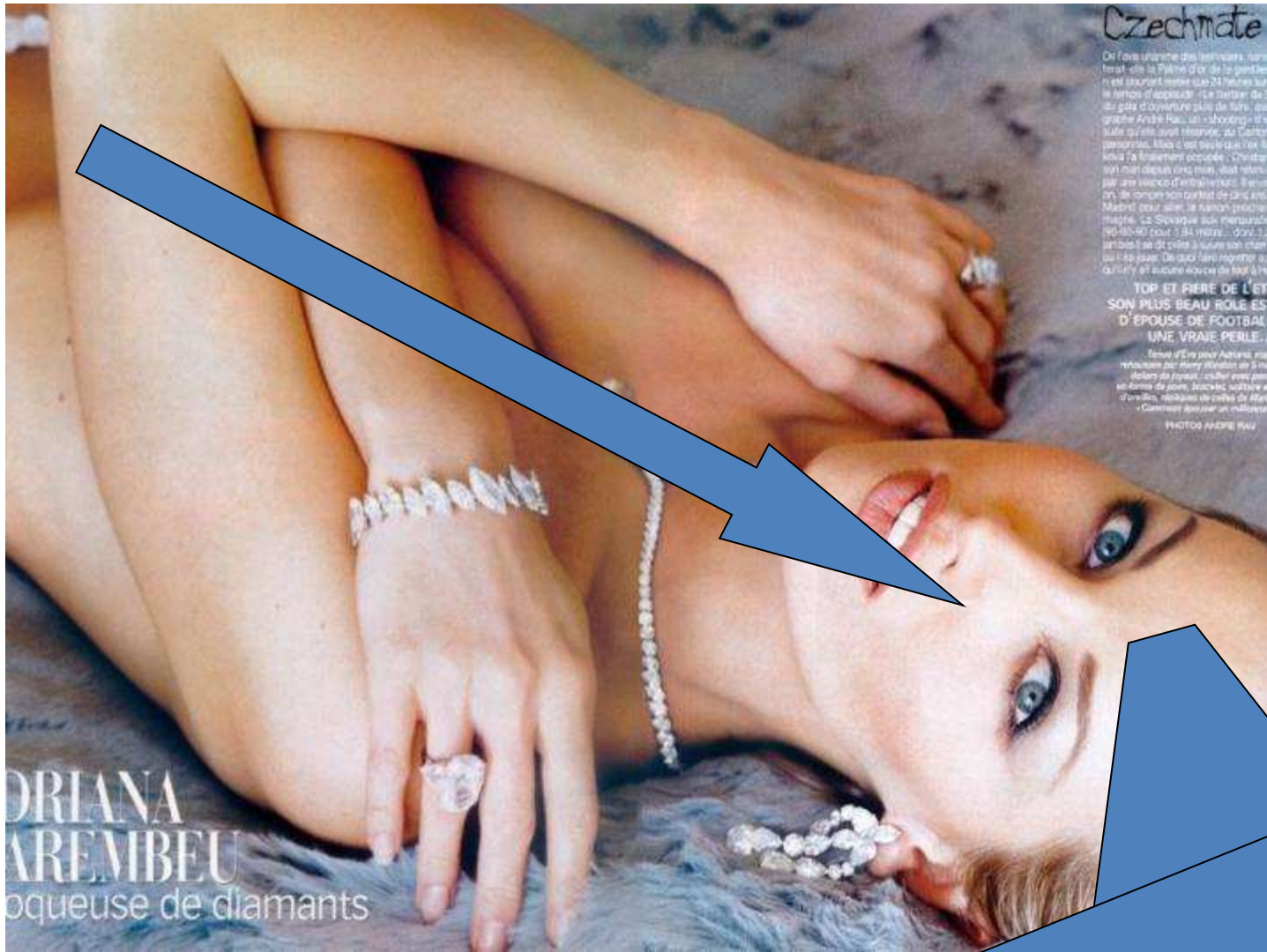


Real Key lines

Javier Fombona (fombona@uniovi.es)



Suggested key lines



DRIANA
AREMBEU
aqueuse de diamants

Czechmate

De l'aveu d'un riche industriel, sans
trait de la Patrie d'or de la grande
n'est pas un homme qui se 24 heures sur
le terrain d'appeler. Le dernier de 30
du côté d'ouverture plus de faire, une
grande André Paul, un « shooting » et
salle qu'elle avait réservée, du Guiton
parisien. Mais c'est tout ce qui l'ex-
sion à l'heure de la soirée. Christian
son mari depuis cinq mois, dont s'élève
par une semaine d'espérance. Il s'agit
on, de donner son quart de cinq ans,
Madrid pour aller, le fiancé prochain
marché. La Slovénie qui mesure 60
100-100 pour 1 94 mètres... dont 1 30
ambas se dit prêt à suivre son élan
ou l'été passé. De quoi l'empêcher que
du côté et s'élève à une de fait à l'été

TOP ET PIERRE DE L'ETRE
SON PLUS BEAU ROLE EST
D'EPOUSE DE FOOTBALL
LUNE VRAIE PERLE...

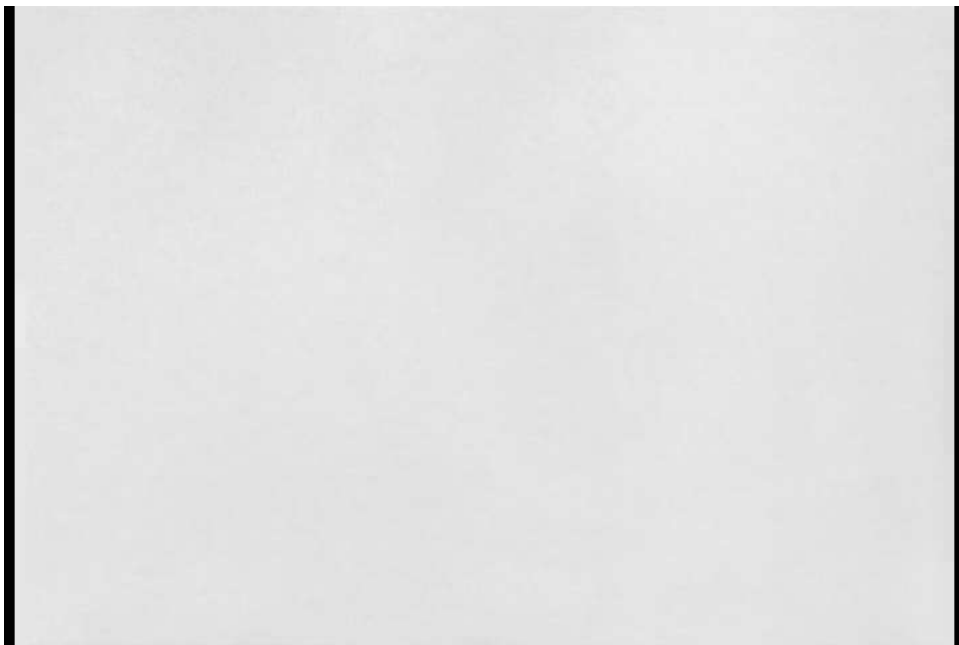
Tout l'été pour Antonio, une
réussite sur deux d'été de 5 mil
dollars de profit, celui avec pour
elle-même de jouer, braver, valoir et
à l'été, histoire de celle de l'été
« Comment épouser un millionnaire

PHOTOS ANDRÉ PAUL

Key lines

Videocurriculum: are they key lines?

1



2



3



4



bona (1

38

Key features in still picture

1 Key Lines

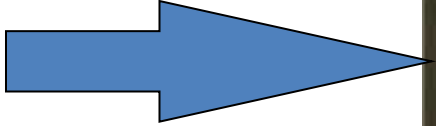
2 Key Lights

Let's see the main highlights and dark
Let's get the light and dark ones right.



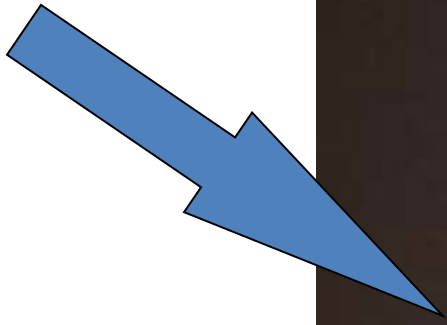


side key lighting



Fill key lighting

Javier Fombona (fombona@uniovi.es)



Backlight key

Javier Fombona (fombona@uniovi.es)



Composite Key Lighting

Javier Fombona (fombona@uniovi.es)



Comparison between lighting

Javier Fombona (fombona@uniovi.es)



Let's see where we put the light and the dark
Conversion to b/w

Videocurriculum: look for problems with light / dark



4



Key Features in Still
picture

1 KEY Lines

2 Key Lights

3 KeyColors

Let's See the Main
Colors

Blue Green



Orange
reddish



Green

reddish



KEY Color



KEY Color

Javier Fombona (fombona@uniovi.es)

Videocurriculum: Do the colors suggest something?

1



2



3



4



Key Features in Still picture

1 KEY Lines

2 Key Lights

3 Dominant Colors

4 Size of the Shape

Let's see the main sizes

Let's highlight the sizes clearly





Longer Shot

Javier Fombona (fombona@uniovi.es)



Size of figure

Videocurriculum: What about the size?

1



2



4

3



54

Key features in still picture

- 1 Key lines
- 2 Key lights
- 3 Key colors
- 4 Figures size

5 Viewpoint height

Let's look at the figure from a certain height?

Let's put the figure at a certain height





Viewpoint height

Javier Fombona (fombona@uniovi.es)

Videocurriculum: How high is the camera?

1



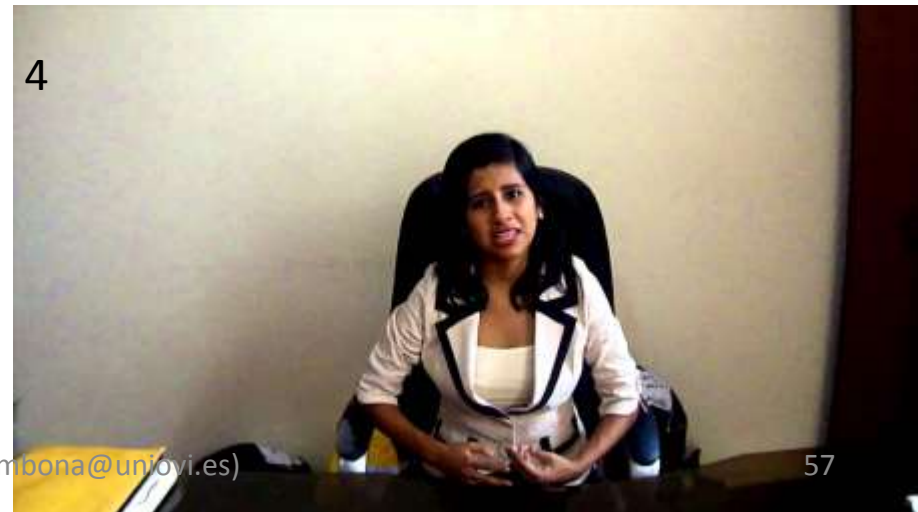
2



3



4



Key features in still picture

1 Key lines

2 Key lights

3 Key colors

4 Size of the figures

5 Viewpoint height

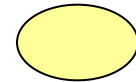
6 Let's organize everything into the frame

Observe how the figures are placed

Let's put the figure inside the space



Let's organize
everything in one
specific space
Vertical or
rectangular

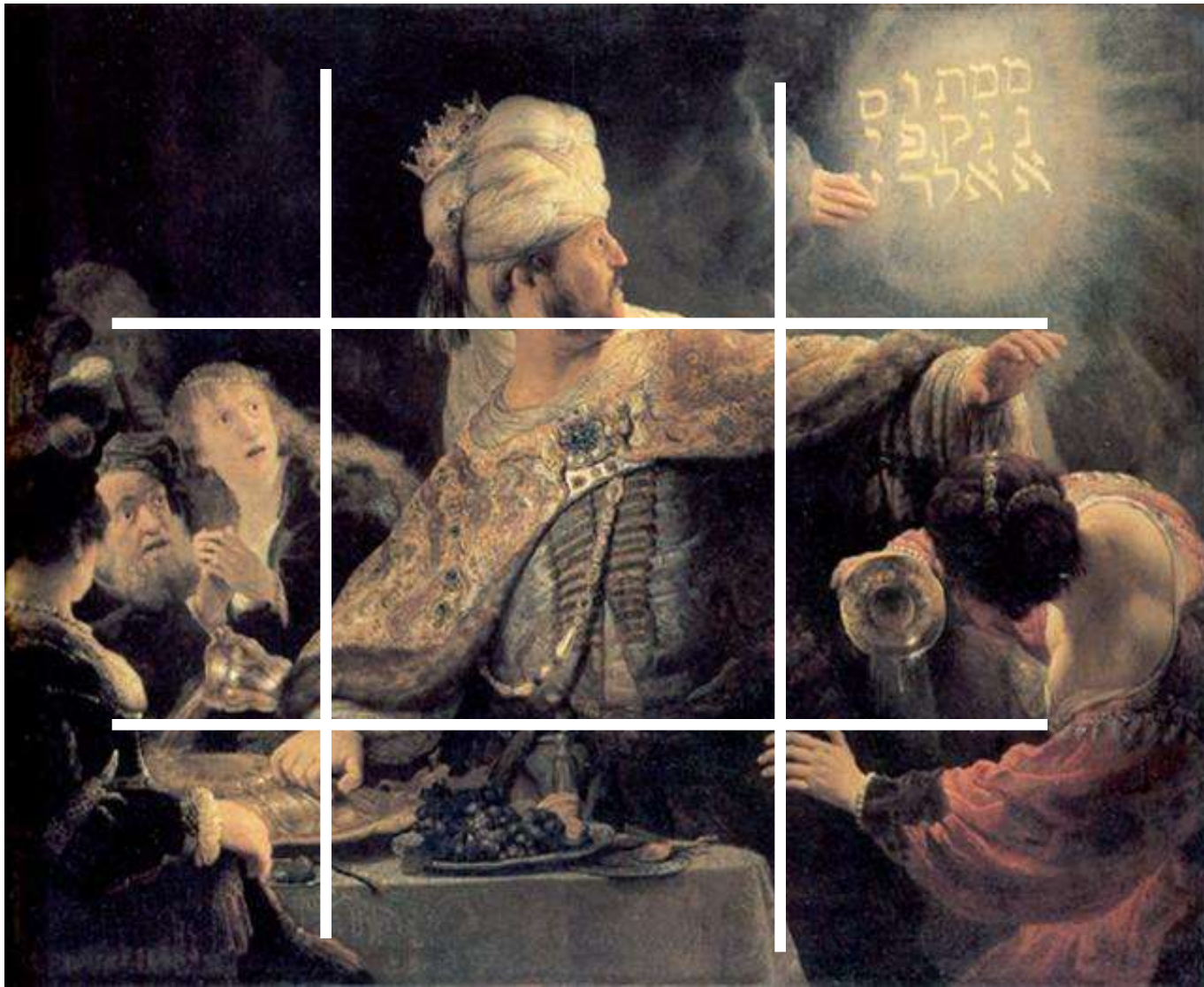


Let's seek **balance**

Javier Fombona (fombona@uniovi.es)



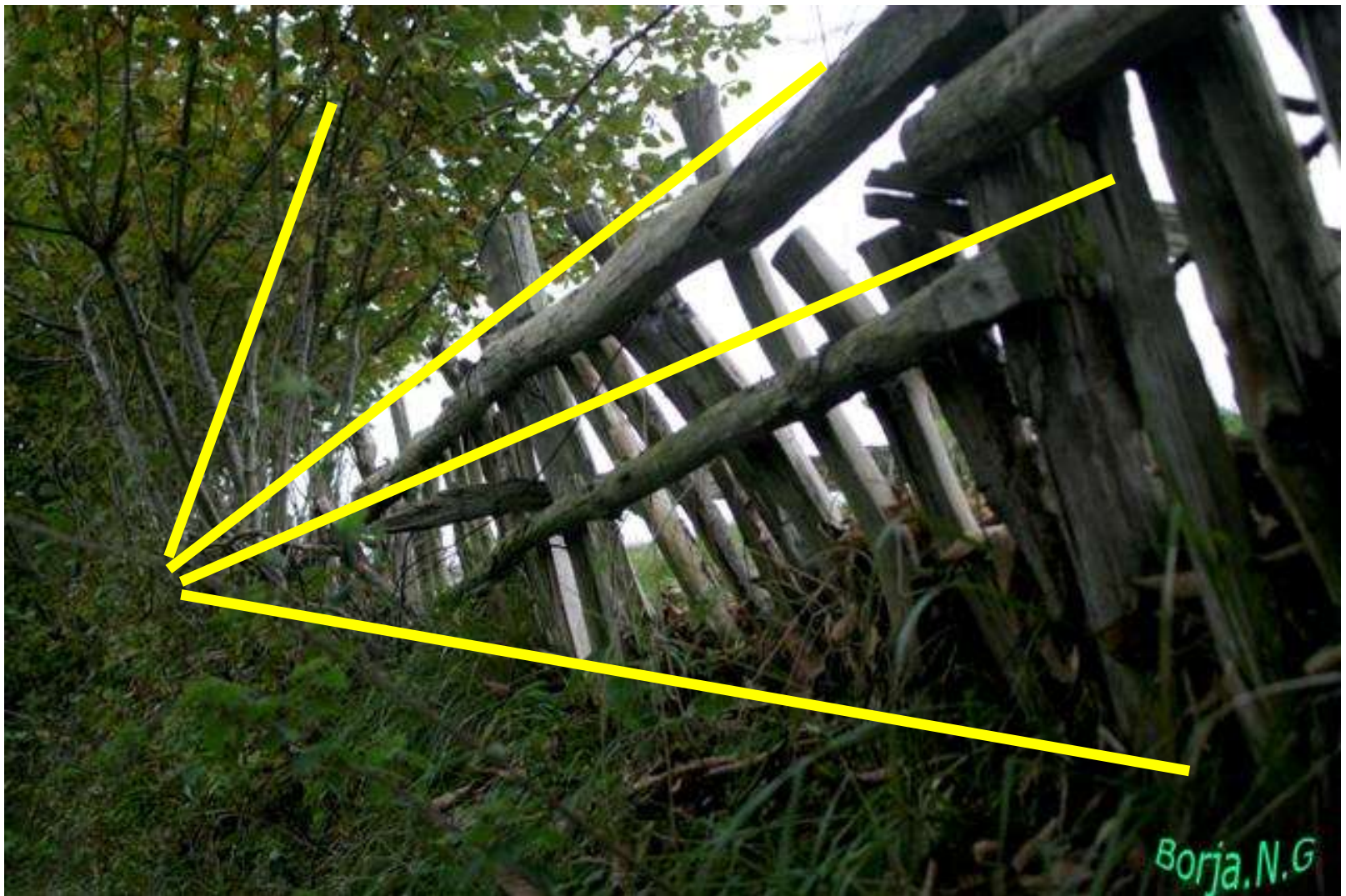
The axes of symmetry



Strong points at the crosses of the thirds

Rule of Thirds

Javier Fombona (fombona@uniovi.es)



Search for the third dimension ...

Videocurriculum: Format, relief, thirds, symmetries

1



2



3



4



(fo

Videocurriculum: Format, relief, thirds, symmetries ...



2

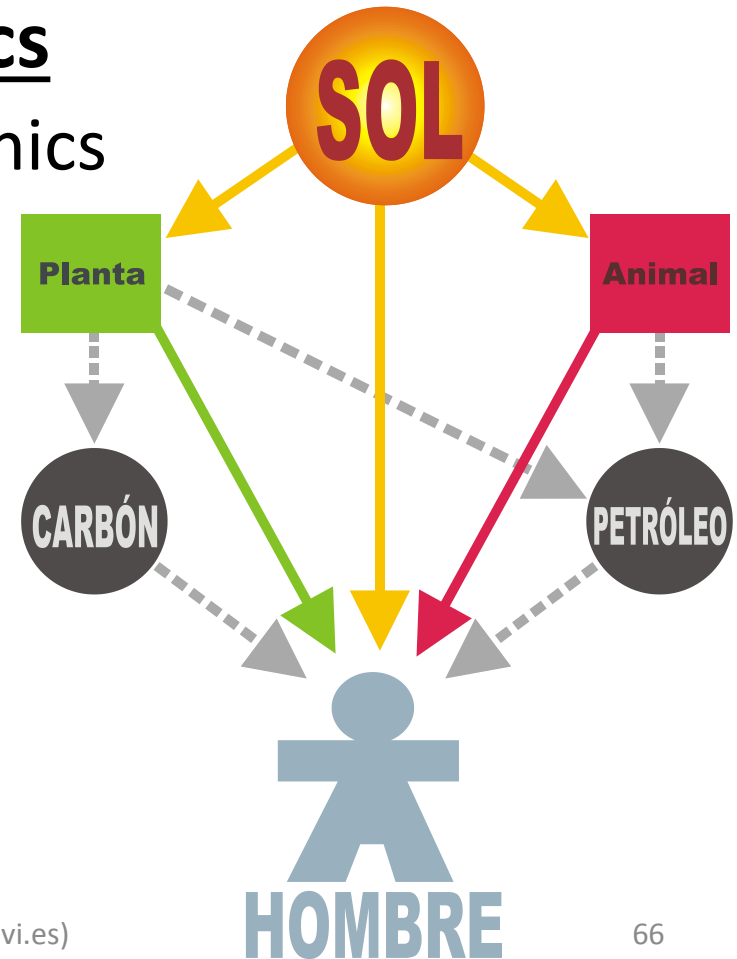


Key features in still picture

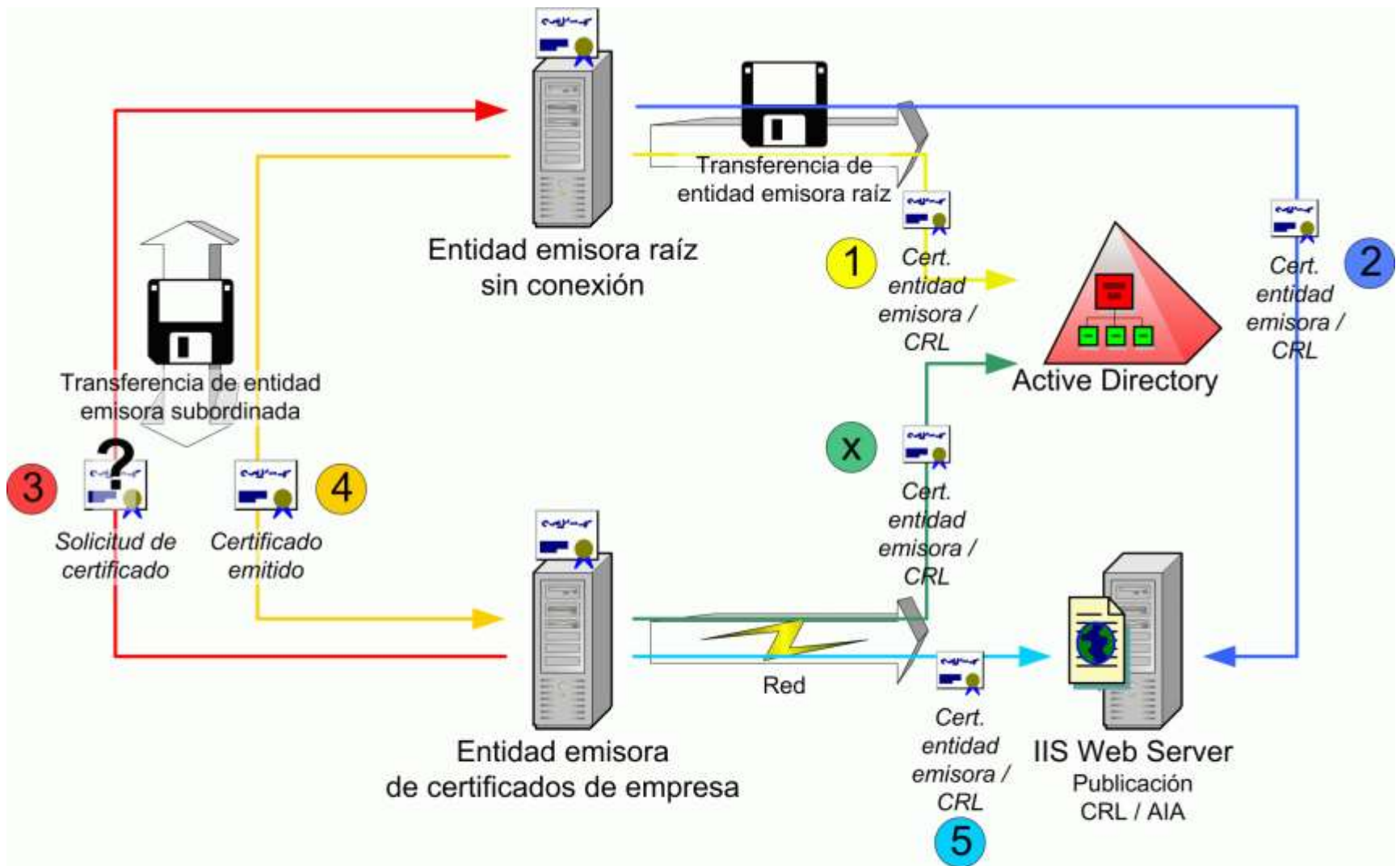
- 1 Key lines
- 2 Key lights
- 3 Key colors
- 4 Size of the figures
- 5 Viewpoint height
- 6 Let's organize everything in one space

7 Sound and associated graphics

Let's see how the letters are graphics
are placed
Let's put letters and graphics
properly



Sound and associated graphics



X Este paso se lleva a cabo automáticamente durante la instalación de la entidad emisora de empresa.

Videocurrículum: Graphic support ...

1



2



3



4



Analysis / complete reading of features
that contribute to creating good figures
(consensus)

Lines

Lighting

Colors

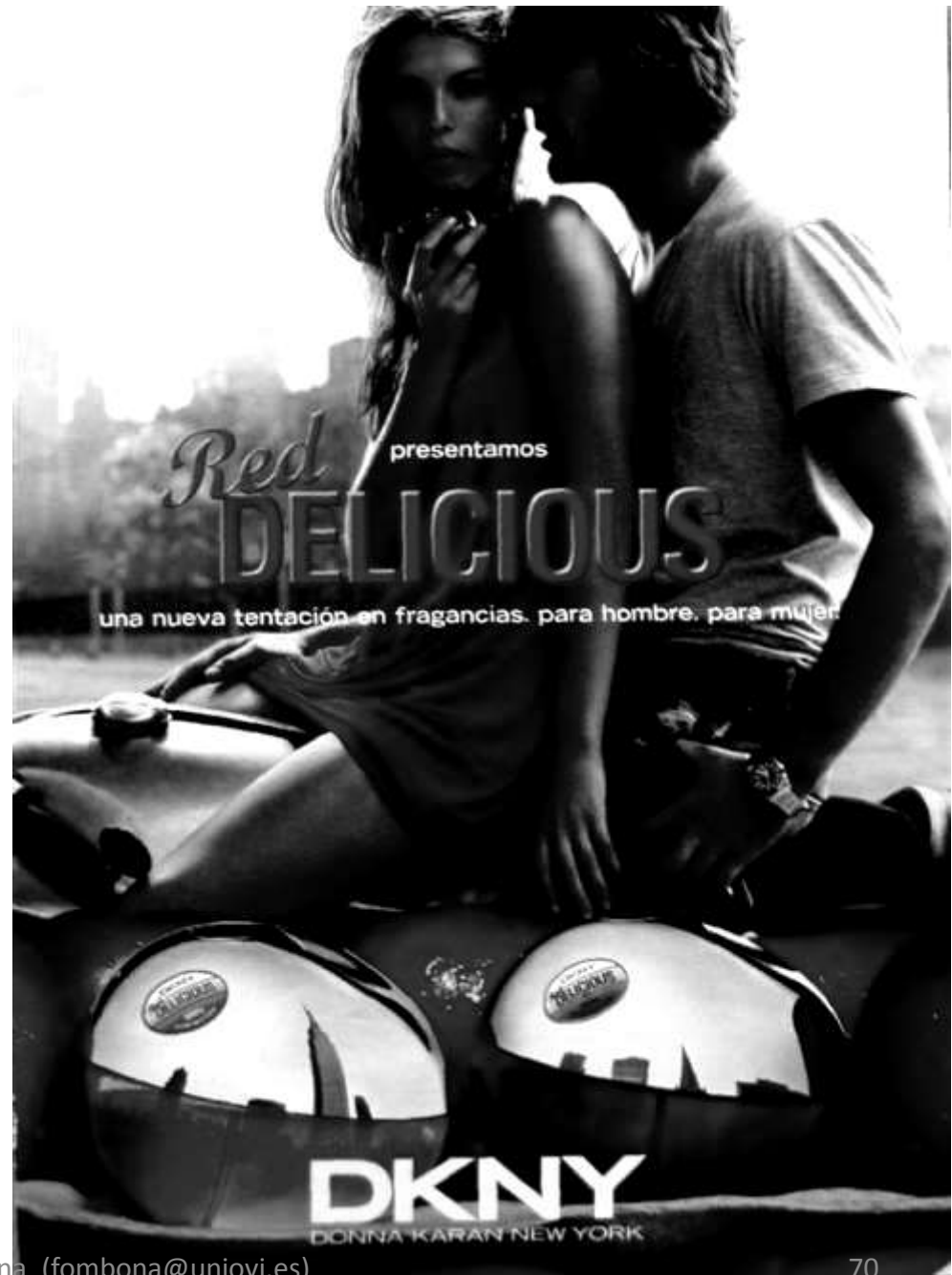
Size

Height point of view

Traits in space

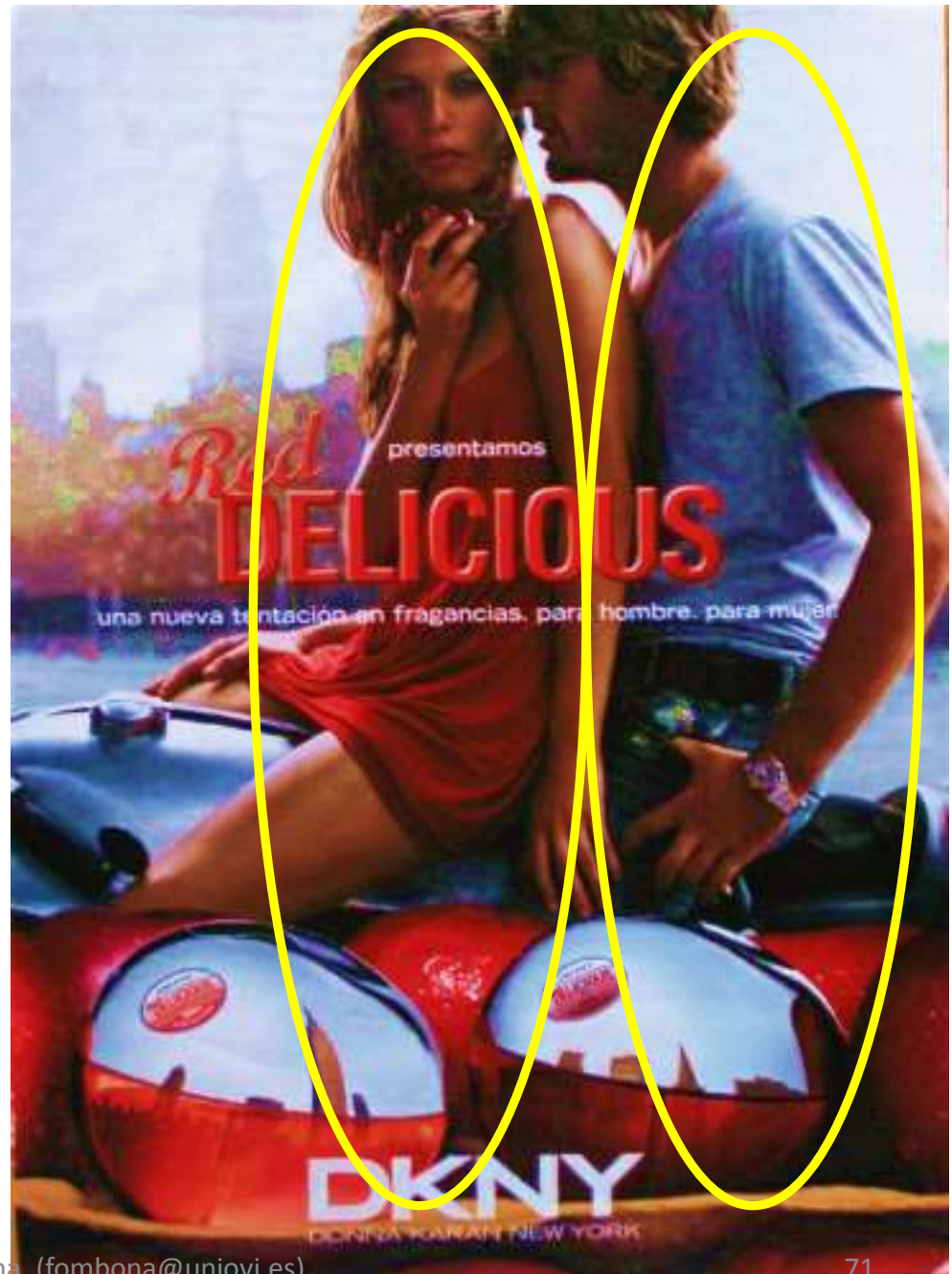


Lines
Lighting
Colors
Size
Height point of view
Traits in space



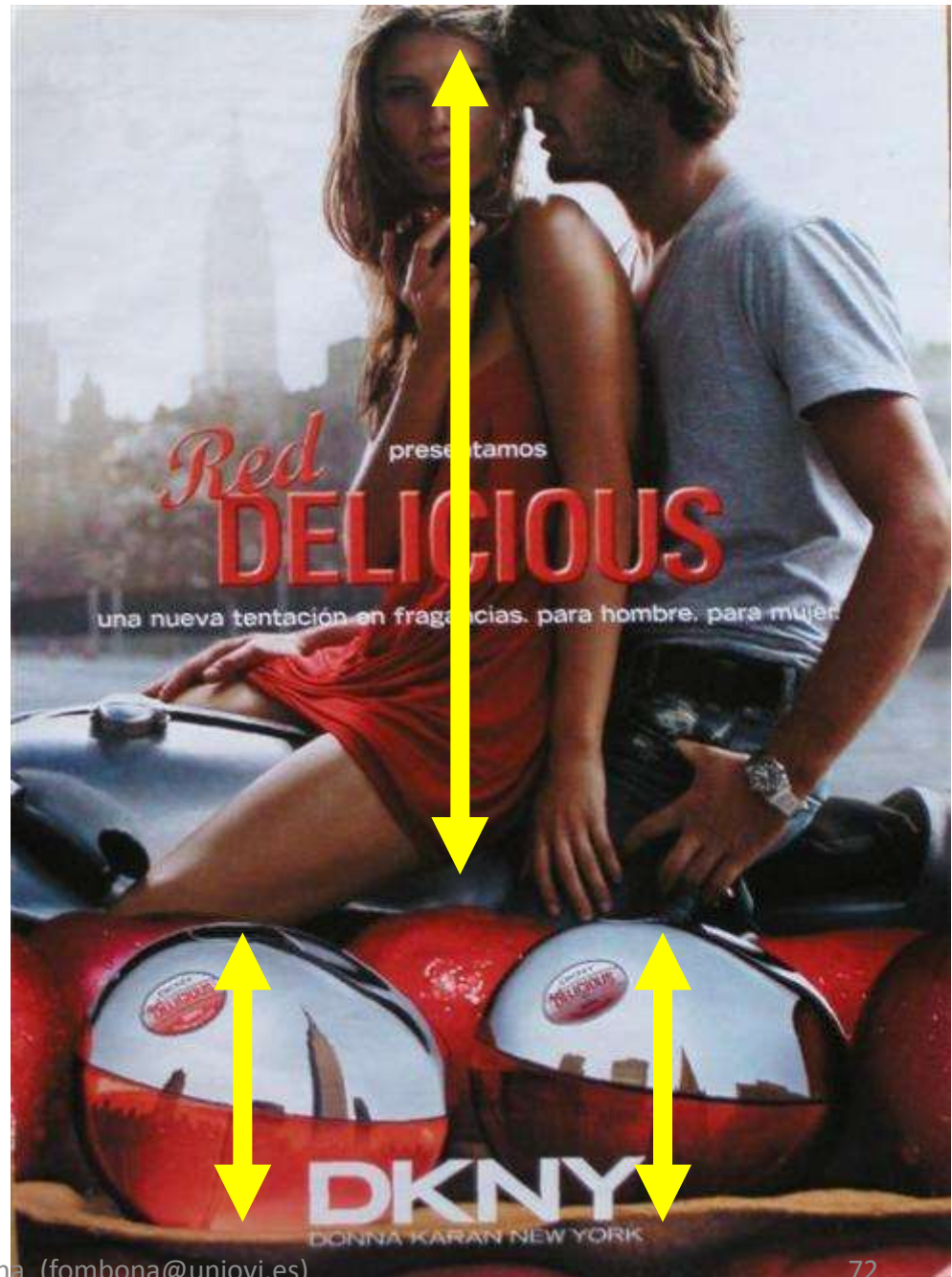
Lines
Lighting
Colors
Size

Height point of view
Traits in space



Lines
Lighting
Colors
Size

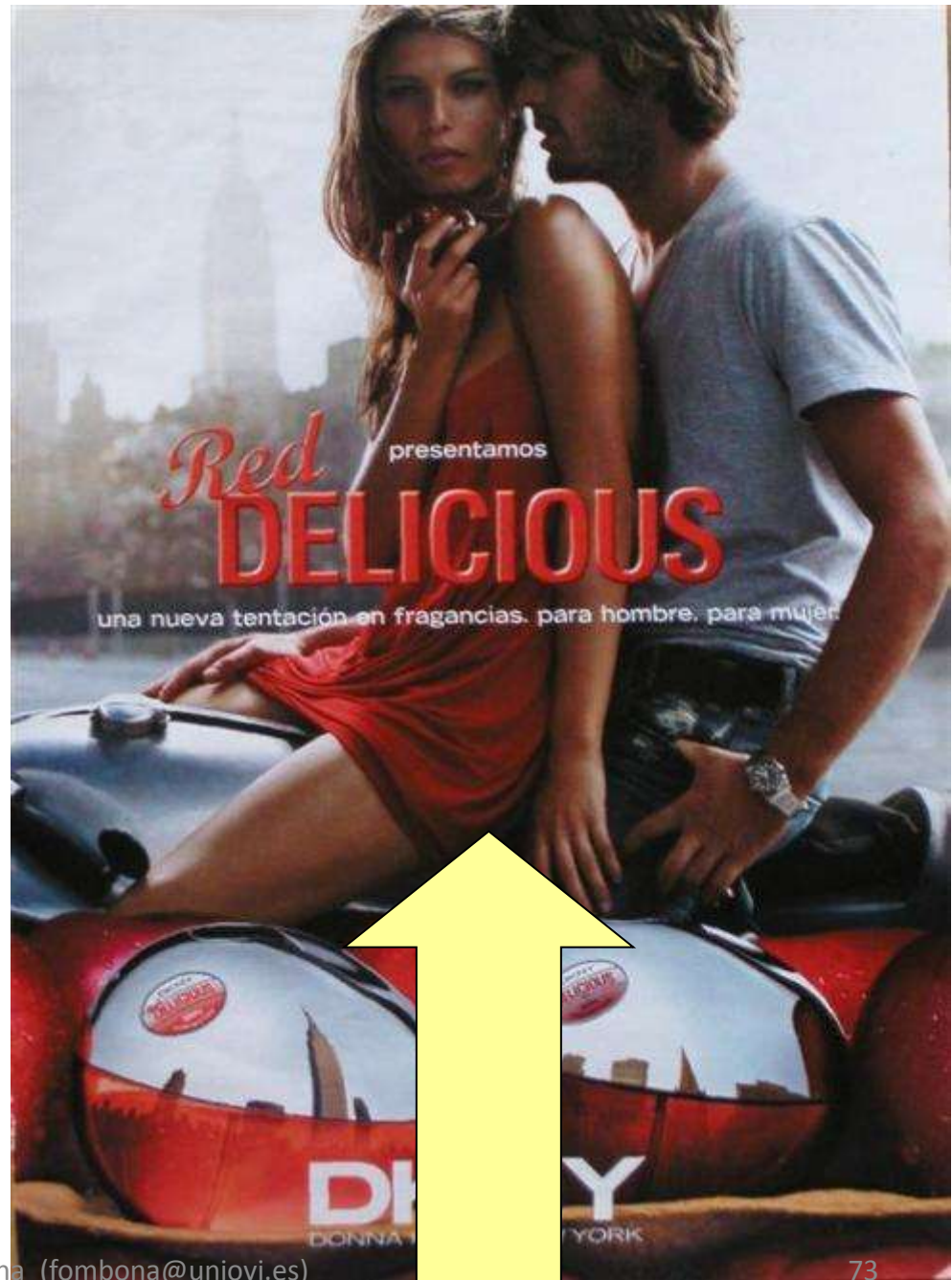
Height point of view
Traits in space



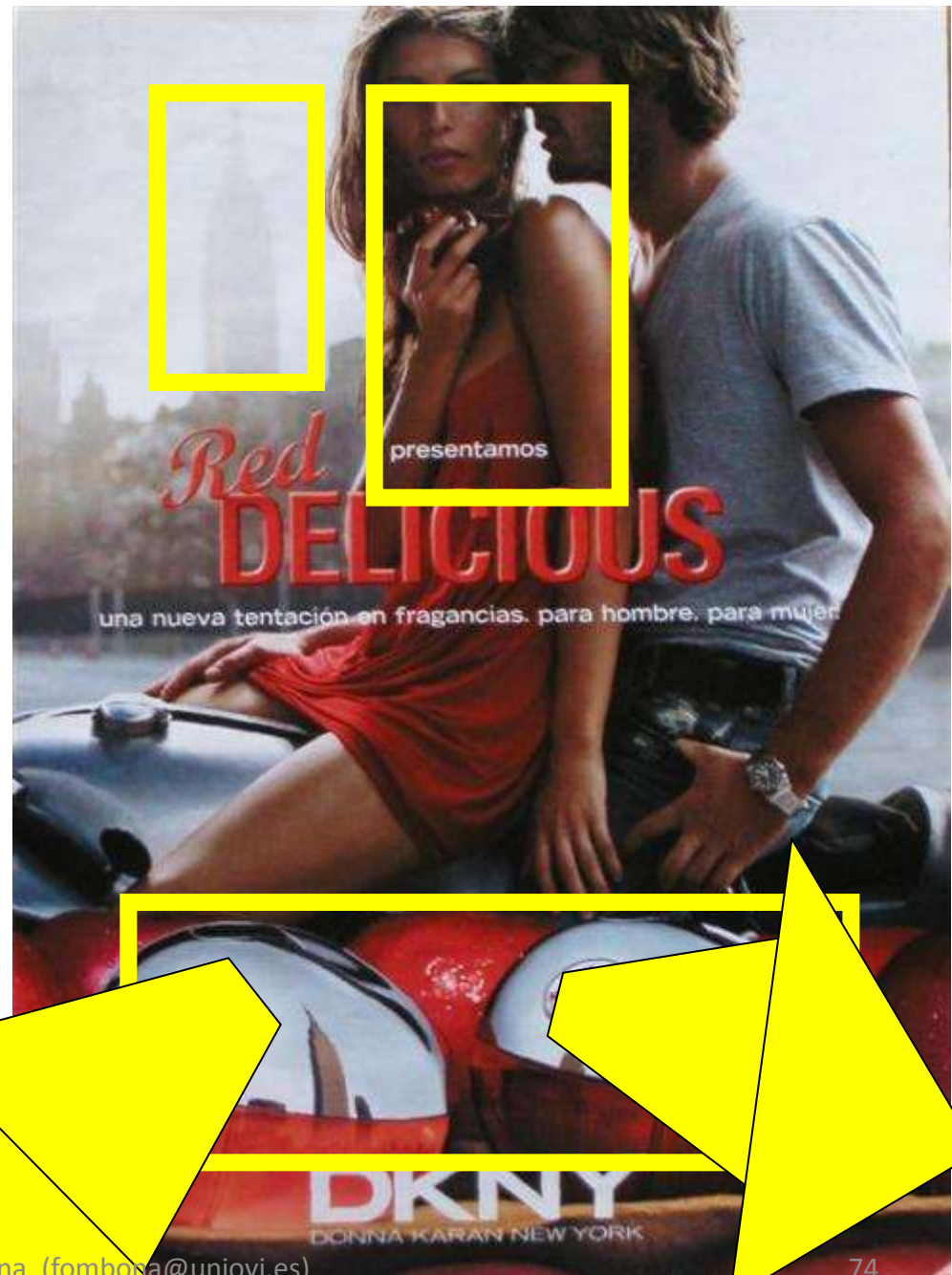
Lines
Lighting
Colors
Size

Height point of view

Traits in space



Lines
Lighting
Colors
Size
Height point of view
Traits in space



Lines

Lighting

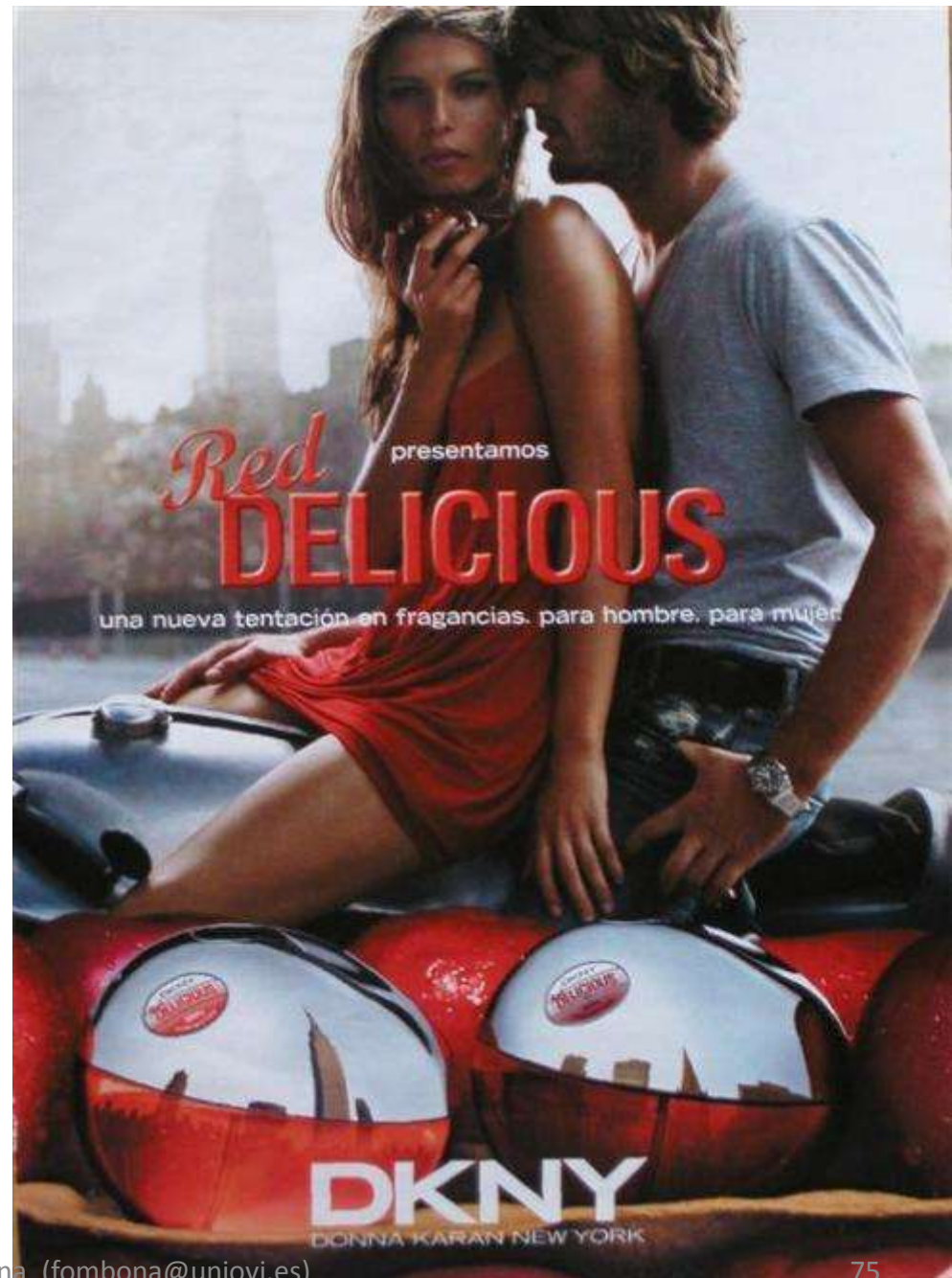
Colors

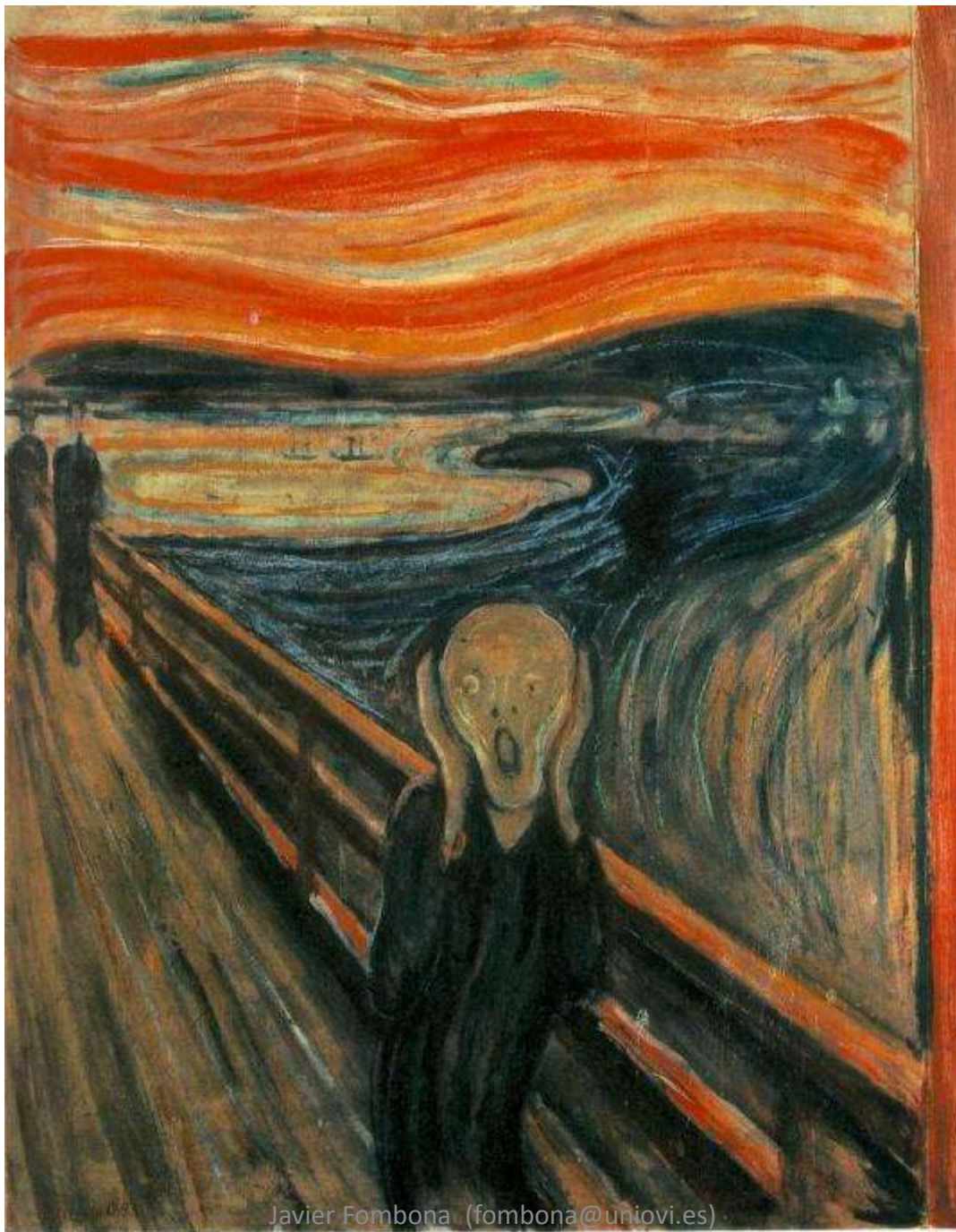
Size

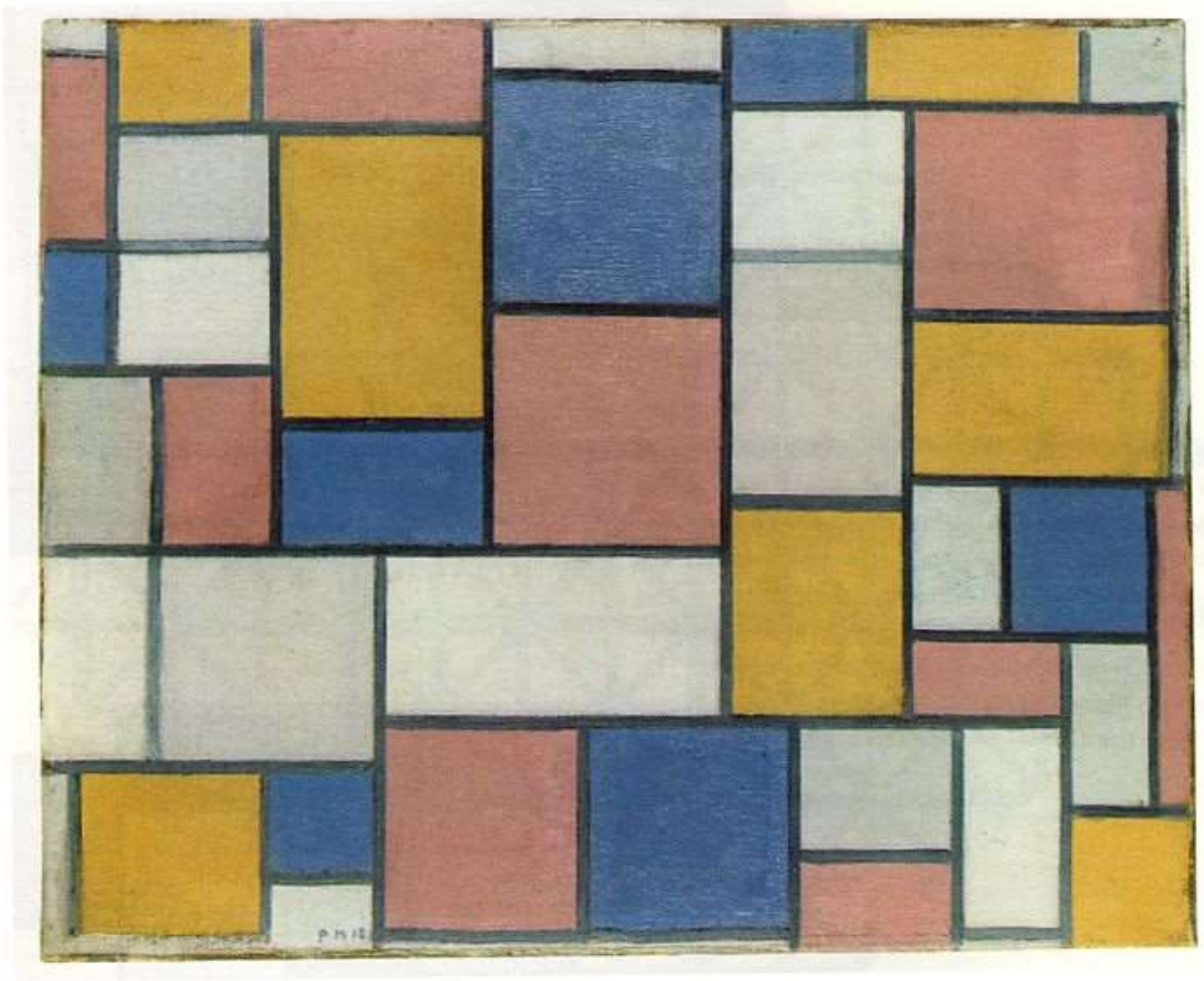
Height point of view

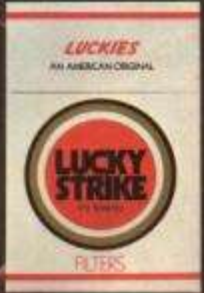
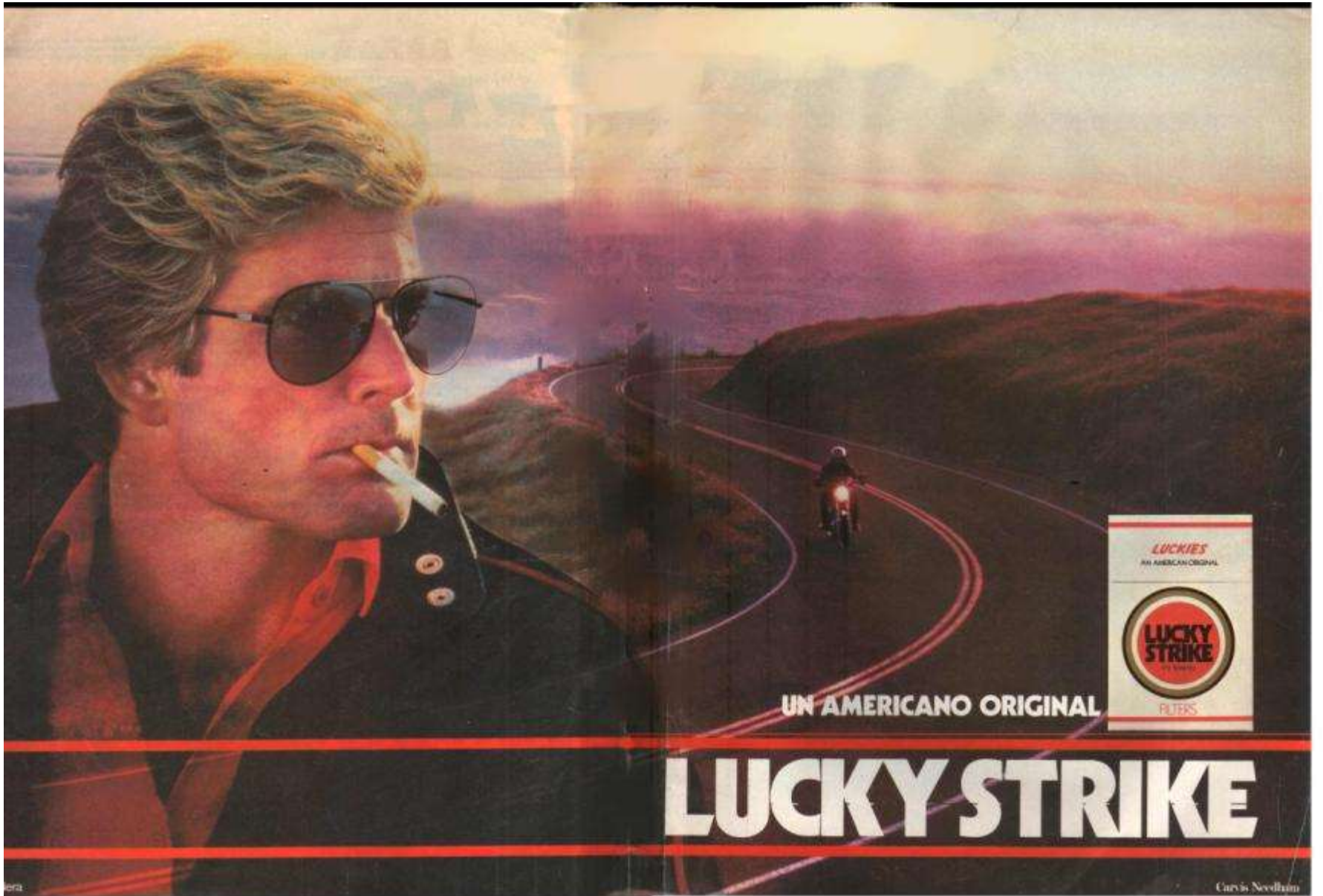
Traits in space

Graphics









UN AMERICANO ORIGINAL

LUCKY STRIKE

VCV Production

1) Smartphone Recording

Selfie

-APP argentina to produce a VCV **Tu video cv online;**

Exemples:

<https://tuvideocvonline.com/p/d9f98c1ae01d422cce4a3b4eb27e53d3>

How to optimize your recording from your mobile phone

<https://www.youtube.com/watch?v=Hb9GSJwNg74>

VCV Production

1) Smartphone Recording



Doc.mp4

1min.

24 mb 648x480 L.res.

90 mb 1270x720 H.res.

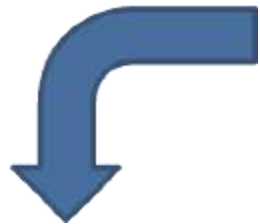
VCV Production

1) Smartphone Recording



2) PC Recording

- Recording with some software (eg. MyCam) Doc.AVI and editing video (eg. Movie Maker)
- WEBS making ON-LINE eg. VCV: <https://www.yovijob.com/> recording topics, editing and release.



Doc.AVI

1 min.

320 mb 648x480 L.res.

400 mb 1024x768 H.res.

3) Recording on Video Camera

Doc.MTS

1min.

40 mb 10440x1080 H.res.



3) Recording on Video Camera

Doc.MOV

1 min.

50 mb 648x480 L.res.

180 mb 1920x1080 H.res.





Prompter
=
Watchingg optical camera

Teleprompter con Word

1. Cambia a negro el color de la página en la pestaña Diseño página.
2. Engancha el texto, modifica el tamaño y el color a blanco.

ombo





Size / File Formats

Definition / format For 1 min. doc.	WMV (PC)	mp4 (Smartph one)	MTS HD cam	MOV (QuickTime)	AVI (Video)
Midle 648 x 480 L.res.	6 Mb	24 Mb		50 Mb	320 Mb
Good 1270 x720 H.res	40 Mb	90 Mb	40 mb 1440x1080	180 Mb 1920x1080	400 Mb

Video Currículum WEBGRAFÍA

How to Get Comfortable on Camera <https://www.youtube.com/watch?v=ymyVwx4xNNQ>

- El mensaje claro y espontaneo (vídeo 1): <https://www.youtube.com/watch?v=hfVvWtnoESg>
- Imagina que delante está un amigo (vídeo 2): <https://www.youtube.com/watch?v=-1Y5F6uXSXI>
- Frases cortas y sencillos (vídeo 3): <https://www.youtube.com/watch?v=oUezuLAQMqs>
- Usa lenguaje corporal (vídeo 4): <https://www.youtube.com/watch?v=qyvf8d47H8Y>
- Cambia el voz, tono, pausas, subraya, y ritmo (vídeo 5): <https://www.youtube.com/watch?v=CpLt1QBUwGY>
- La sonrisa ayuda (vídeo 6): <https://www.youtube.com/watch?v=ASUxii8Qzqg>
- Saluda y despide (vídeo 7): <https://www.youtube.com/watch?v=zRVdhZbXUos>
- Calienta tu voz (vídeo 8): https://www.youtube.com/watch?v=l7uj_rd70OY
- Prepara tu cuerpo (vídeo 9): <https://www.youtube.com/watch?v=YbZ5XfXwidQ>
- Planos y espacio (vídeo 10): <https://www.youtube.com/watch?v=rW6Z9Dxjp30>
- Las 5 claves para seducir a tu público a través de la comunicación no verbal:
<https://www.youtube.com/watch?v=mAD8MebZB5g>

Ideas https://videolean.com/video_templates/table-style

<http://www.videoscribe.co/tour> 7 días gratis

- Si no has utilizado nunca un editor de vídeo, podrías usar los siguientes:
 - Movie maker (Windows): <https://www.youtube.com/watch?v=YXEksrnUDzU>
 - iMovie (Mac): <https://www.youtube.com/watch?v=vMO8sjsw1Qc>

Your Video Currículum Production

IDEAS

Content

- 1- To specify the main professional traits / strengths
- 2- To specify the main personal traits / strengths
- 3- To organize information
- 4- To summarize main ideas (goals / short / long term needs)
- 5- To indicate basic data (complete identification and contact)

Video and audio shape

- 1- To take care of the separation between figure and background (Light/dark, sizes, colors, dominant lines, height point of view, and spatial ordering)
- 2- Adequate duration
- 3- To include emotional elements
- 4- To separate main sound and background
- 5 - Consistency of contents and forms

Thanks a lot!