



# VideoResume

Into

2nd International Joint Staff Training Event

“Desarrollando competencias para la búsqueda de empleo e inclusión.  
Una perspectiva internacional”

**Project 2016-1-ES01-KA204-025159 ERASMUS+**

*Sharing effective educational practices and systematizing a training competences programme  
for employment and inclusion for vulnerable adults.*

## Gijón, 3 - 5 July 2017



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Erasmus+ Programme  
of the European Union

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# Why? for what?

- The written curriculum requested from candidates is often insufficient to appreciate in detail the possibilities of their profile.
- The short time available for admission, and the volume of applicants make impossible a personal interview.

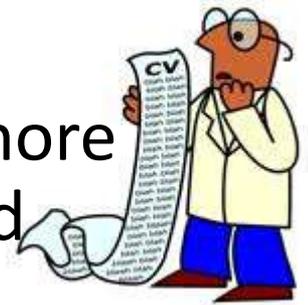


**It is very easy to stand out from the rest when everyone presses the same with the same format**



# Advantage

- A DIFFERENCE FROM THE written curriculum, IT facilitates a more faithful vision of the aspirant, his communicative skills, safety in expression, precise use of language, body language, etc.
- Unlike the personal interview, this facilitates a more flexible use of space and time, avoiding the need for transfers, organization of shifts and appointments, etc.



# How?

## 1) Planning: preparation of a small script

- Training and experience
- Why do you think it should be hired by our company?
- Highlight three contributions from your curriculum that you consider especially relevant
- Point out three personal qualities that you think will suit you
- Explain briefly, in English what are your expectations for your professional development

## 2. Implementation

- Preparation of the necessary technological tools for recording
- Preparation of the script and elements to be used
- Recording (about 2 mins max)

## 3. Evaluation: review

## Recording

A single person



With help



- Tripod with camera at eye level.
- Record with the camera of the selfies, looking at the hole.

Recording someone else

Mobile application / tablets: Adobe Premier Clip, free, no watermark

We can divide the recording into sections: For example: 5 sections: each of 2 or 3 lines

Each section can be recorded separately

So we do not have to memorize the full text

Behind a neutral background, wall that receives a little light

Natural lighting (in front of a window)

# Adobe Premier Clip

1. To register



Cerrar

**Adobe ID**  
Registrarse

Nombre  Apellidos

Dirección de correo electrónico

Contraseña

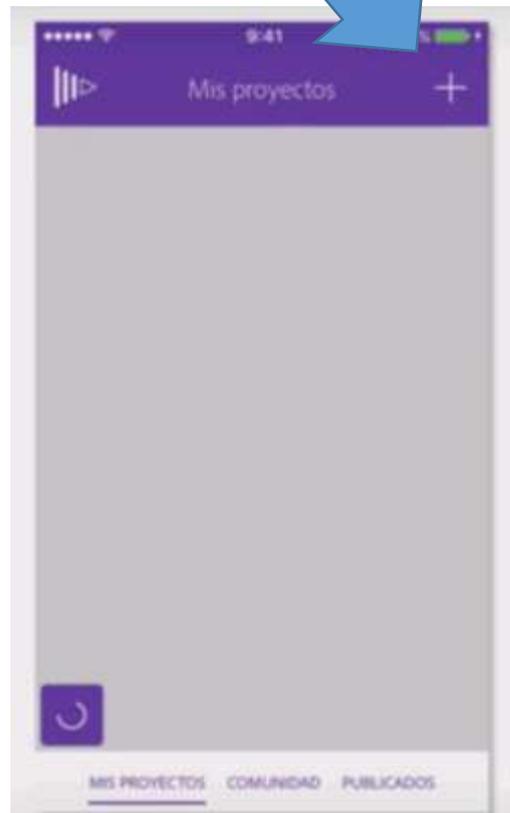
España

Fecha de nacimiento

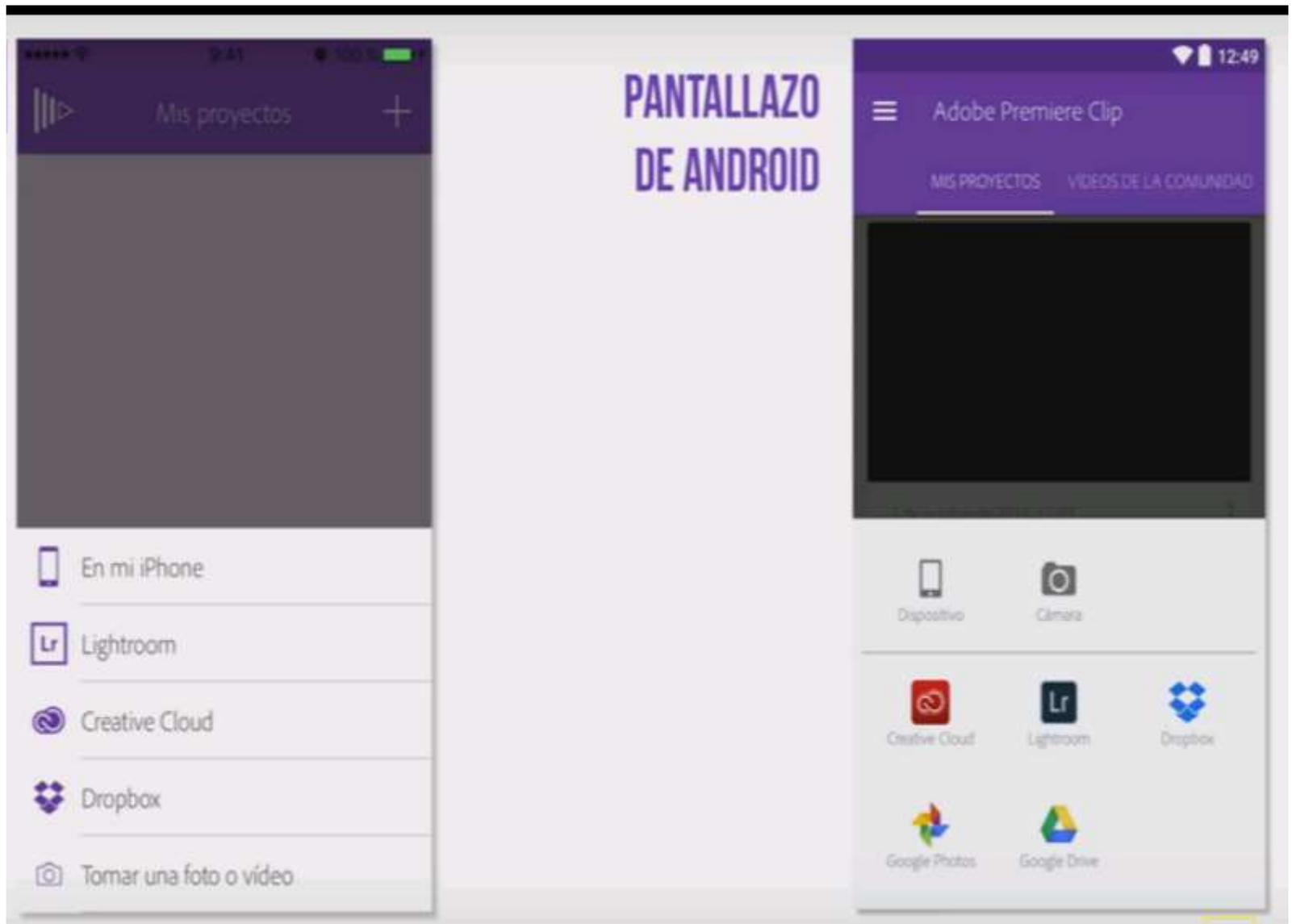
Día  Mes  Año

Al suscribirse a una cuenta gratuita de Premiere Clip, acepta que Adobe le informe sobre productos y servicios. Si desea cancelar la suscripción, haga clic en el vínculo de cancelación de suscripciones de nuestros correos. [Más información.](#)

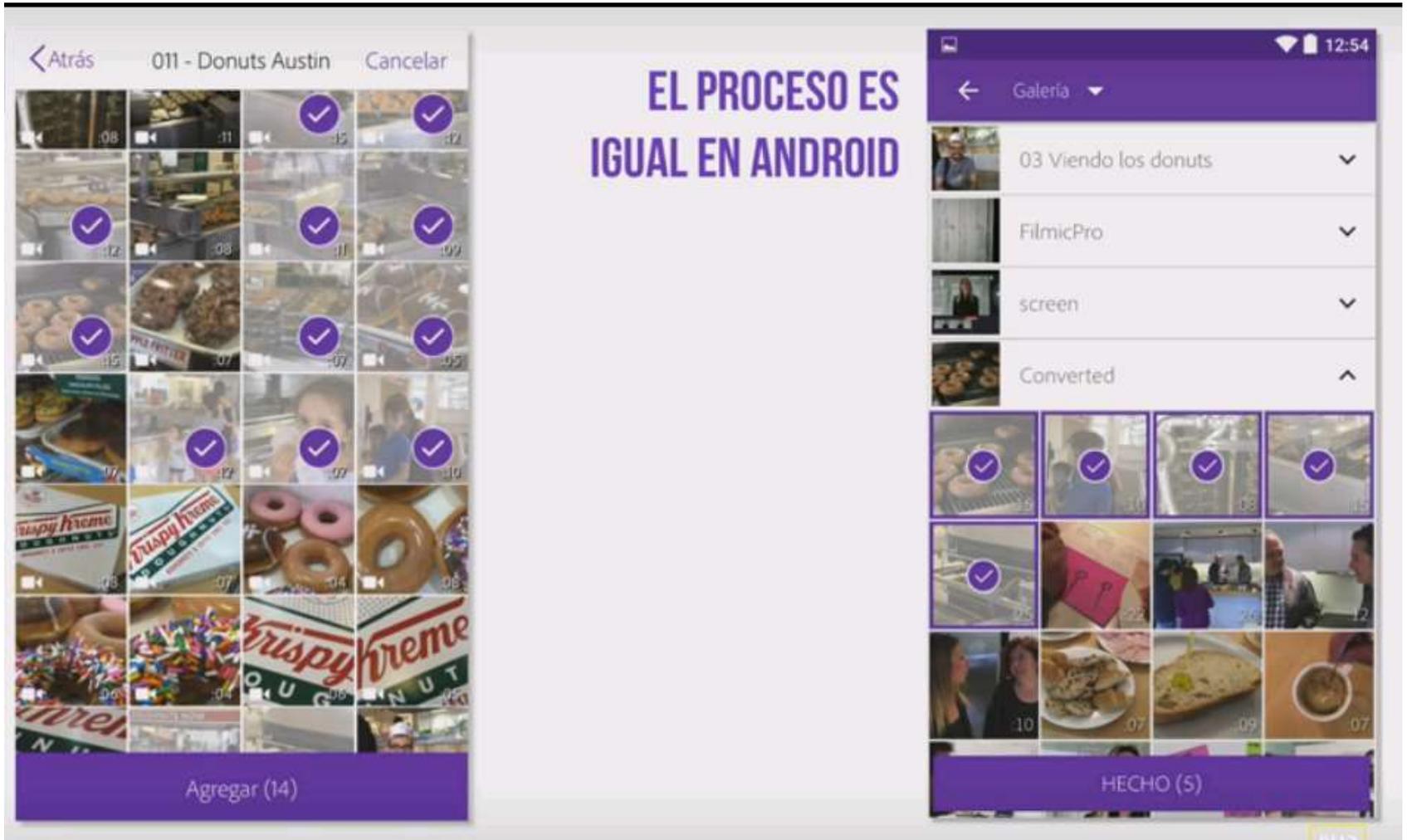
2. My projects (+)



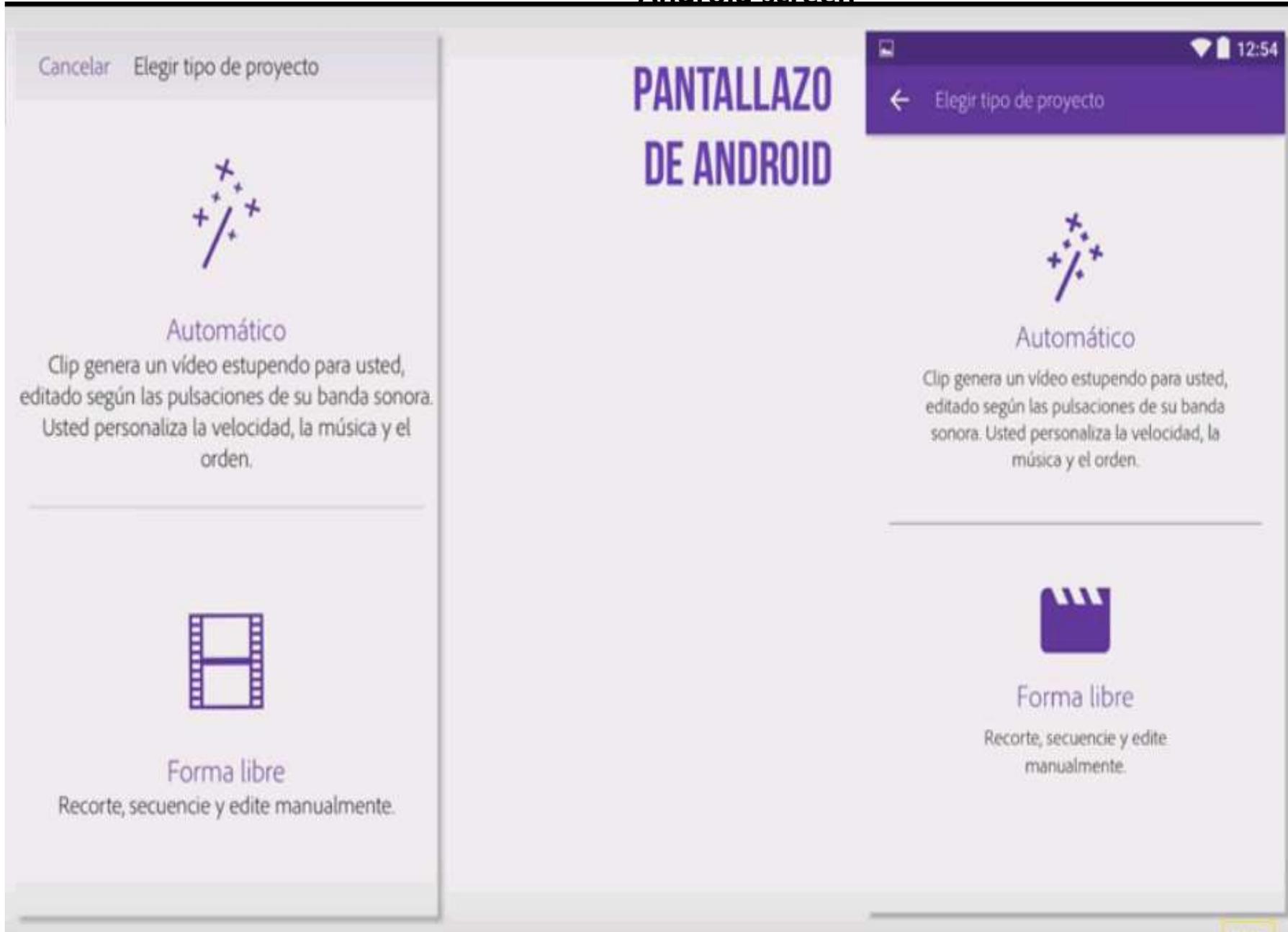
## Android screen



Similar process on Android

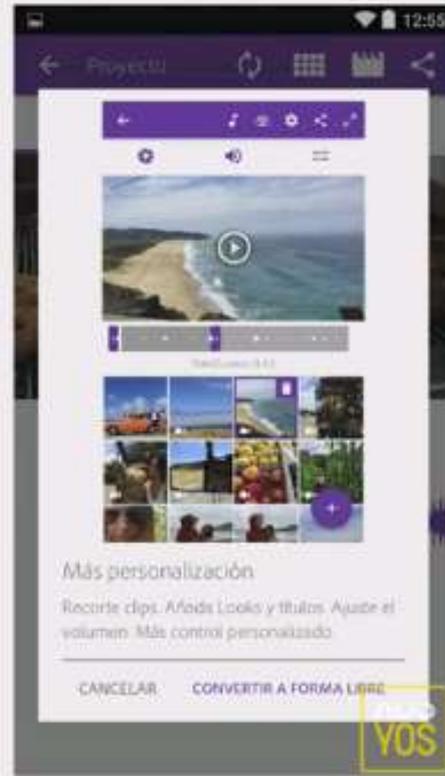


## Android screen





## PANTALLAZO DE ANDROID

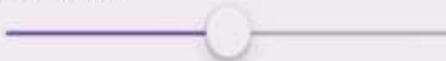




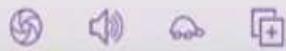
Exposición



Resaltados



Sombras



## PANTALLAZO DE ANDROID



Exposición



Resaltados



Sombras



