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Conferência Internacional em Formação e Inclusão

-Educação de Adultos e Experiências para a Empregabilidade -

Lisboa de 5 a 7 de julho de 2018

The importance of lifelong learning for seniors and the use of digital tools



Anais Fernandez, E-Seniors, afernandez@eseniors.eu

Piera Sciama, E-Seniors, psciama@eseniors.eu





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1. The specific educational needs of seniors
2. The use of digital tools as facilitators for senior learning
3. Teaching language to seniors through ready-to-use scenarios
4. Training senior teachers with ICT and communication skills through an online platform



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1. The specific educational needs of seniors

- ❖ Seniors learn for pleasure and obligation : their motivation is high
- ❖ Seniors attend classes for socialisation
- ❖ The biggest challenge is to cope with memory loss and physical impairments (hearing, visual etc)



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2. The use of digital tools as facilitators for senior learning

- ❖ Adaptation of learning material (increased font, different colours, sounds)
- ❖ Personalisation of course content + blended learning (distance education and face-to-face)
- ❖ Interactivity, leisure and stimulation of mobility (ex: digital treasure hunt using google maps and QR code, quizzes)



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3. Teaching language to seniors through ready-to use scenarios: *“It’s easy to teach if you know how”*



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- ❖ Language workshops where participants are active learners – real life situation scenarios and role playing (ie: shopping, cooking, medical appointment).
- ❖ Language program supported by videos, flashcards and other pedagogical materials
- ❖ Favours communication between the participants (use of skype and e-mail)





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4. Training senior teachers with ICT and communication skills through an online platform : *“Skills-Up”*



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- ❖ Providing sustainable lifelong learning opportunities for senior educators, teachers and trainers in order to retain them in employment
- ❖ An online platform to teach ICT skills (blog, creating videos, copyright etc) and soft skills (communication, self-confidence, problem solving etc)
- ❖ Allowing teachers to enhance their creativity and be more innovative

SKILLS UP



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Thank you for your attention!



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