HIGGS-CURVATURE COUPLING AND POST-INFLATIONARY VACUUM STABILITY

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1. THE HIGGS-CURVATURE COUPLING

- The Standard Model Lagrangian in *Minkowski spacetime* (6 quarks +6 leptons+gauge bosons+Higgs) possesses **19 free parameters**.
- Since the discovery of the Higgs in the LHC (2012), we have determined all of them with great precision.

m _e	Electron mass	511 keV	θ ₂₃	CKM 23-mixing angle	2.4°
mμ	Muon mass	105.7 MeV	θ ₁₃	CKM 13-mixing angle	0.2°
<i>m</i> _τ	Tau mass	1.78 GeV	δ	CKM CP-violating Phase	0.995
m ₁₁	Up quark mass	1.9 MeV	<i>g</i> ₁ or <i>g</i> ′	U(1) gauge coupling	0.357
m _d	Down quark mass	4.4 MeV	a or a	SU(2) gauge coupling	0.652
ms	Strange quark mass	87 MeV	92 01 9	SO(2) gauge coupling	0.032
m	Charm guark mass	1.32 GeV	$g_3 \text{ or } g_8$	SU(3) gauge coupling	1.221
m _b	Bottom quark mass	4.24 GeV	<i>H</i> _{QCD}	QCD vacuum angle	~0
mt	Top quark mass	172.7 GeV	V	Higgs vacuum expectation valu	246 GeV
0 12	CKM 12-mixing angle	13.1°	m _H	Higgs mass	~ 125 Ge



1. THE HIGGS-CURVATURE COUPLING

 In curved spacetime, there is one more possible term, required for the renormalisability of the theory:

$$\mathcal{L} = \frac{1}{2} M_{\rm pl}^2 R + \xi R \varphi^{\dagger} \varphi + \mathcal{L}_{\rm SM}$$

- The Higgs-curvature coupling ξ runs with energy, and cannot be set to 0.
- As the Ricci scalar R is very small today, constraints from particlephysics experiments are very weak:

LHC:
$$|\xi| \lesssim 2.6 imes 10^{15}$$
 (Atkins & Calmet 2012)

But in the early universe, R11, and its effects can be important.



(RGI) SM Higgs potential:

$$V(\varphi) = \frac{\lambda(\varphi)}{4}\varphi^4$$
$$v \sim \mathcal{O}(10^2) \text{GeV} \ll \varphi$$

- Potential has a maximum (barrier) at ϕ_{+} .
- For $\phi > \phi_+$, we have $\lambda(\phi) < 0$.
- Higgs develops a second vacuum at φ_>>φ₀,φ₊.

Running of $\lambda(\phi)$ is very sensitive to **top-quark mass**. world average: m_t = (173.34±0.76) GeV



(Note: For $m_t < 171.5 \text{GeV}; \phi_+, \phi_0 \longrightarrow +\infty$)

G. Degrassi et al. (2012); Bezrukov et al. (2012)

If the Higgs had decay to the high-energy vacuum in the past, the Universe would have immediately collapsed. This imposes strong constraints to ξ.



Constraints from PREHEATING

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Constraints from PREHEATING

If ξ~0, Higgs is effectively massless during inflation and fluctuates:

Yokoyama, Starobinsky (1994)

$$P_{\rm eq}(\varphi) = \mathcal{N} \exp\left(-\frac{2\pi^2}{3}\frac{\lambda\varphi^4}{H_*^4}\right)$$

$$H_* \leq H_*^{(\max)} \simeq 8.4 \times 10^{13} \text{GeV}$$

$$\varphi \sim H_* \gg \varphi_+, \varphi_0$$

the Higgs becomes unstable!

• Introducing a small coupling **ξ**>0 saves the day: $m_{h,{
m eff}}^2=\xi R$

Herrannen, Markannen, Markannen, Lower bound: $\xi \gtrsim 0.06$

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Constraints from PREHEATING

SM Higgs is excited due to tachyonic resonance

Upper bound

(let's see how it works!)

• We consider a chaotic inflation model with quadratic potential:

$$V(\phi) = \frac{1}{2}m_{\phi}^2\phi^2 \qquad m_{\phi} \approx 6 \times 10^{-6}m_p$$

- If $\phi \gtrsim \mathcal{O}(10)m_p$, inflaton decays in a slow-roll regime, causing the exponential expansion of the Universe.
- When $\phi_* \approx 2m_p$, inflation ends, and the inflaton starts oscillating around the minimum of its potential (preheating).



 To obtain the post-inflationary dynamics of the system, we solve the field and Friedmann equations:

$$\ddot{\phi} + 3H(t)\dot{\phi} + m_{\phi}^2\phi = 0$$
 $H^2(t) \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{(\phi^2 + m_{\phi}^2\phi^2)}{6m_p^2}$

• The inflaton solution is:

$$\phi(t) \simeq \Phi(t) \sin(m_{\phi}t) \qquad \Phi(t) = \sqrt{\frac{8}{3}} \frac{m_p}{m_{\phi}t}$$
decaying amplitude

And the Ricci scalar and scale factor: $\epsilon(t)$: small oscillating function

$$R(t) \equiv 6\left[\left(\frac{\dot{a}}{a}\right)^2 + \frac{\ddot{a}}{a}\right] = \frac{1}{m_p^2}(2m_\phi^2\phi^2 - \dot{\phi}^2) \longrightarrow \left[$$

$$a(t) = t^{2/3(1+\epsilon(t))}$$



$$\phi(t) \approx 0 \longrightarrow R(t) < 0 \longrightarrow m_{h,\text{eff}}^2(t) \equiv \xi R(t) < 0 \longrightarrow h_k \sim e^{|\omega_k|t}$$



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The presence of the negative effective mass induces a strong excitation of the Higgs field modes: tachyonic resonance.

TWO REGIMES IN THE HIGGS TIME-EVOLUTION ($\lambda = 0$):



4. HIGGS INSTABILITY

We now introduce the Higgs potential $V(\phi) = \lambda(\phi)\phi^4$:



- Analytically and/or numerically, it is difficult to determine the values of ξ for which the Higgs becomes unstable. (Herrannen et al., 2015) (Kohri & Matsui, 2016)
- Tachyonic resonance is a <u>non-perturbative process</u>, which must be studied with <u>lattice simulations</u> (*i.e. solving the differential* equations of motion in a discrete finite box). (Ema, Mukaida & Nakayama, 2016) (Figueroa, Rajantie & F.T., t.b.p.)

4. LATTICE SIMULATIONS

- 1. $N^3 = 256^3$ points, $L \approx (0.03 \text{ m}_{\phi})^{-1} \longrightarrow Momenta captured:$ 0.18 m_{ϕ}
- 2. The running of $\lambda(\phi)$ is introduced in the lattice as a local function of the lattice point (not a constant).
- We consider different runnings of λ(φ), corresponding to different values of the top-quark mass.
 (Note: We modify the running at high energies for numerical stability)



We determine ξ_c $\xi > \xi_c$: The Higgs goes to negative-energy vacuum at time ti. $\xi < \xi_c$: The Higgs goes to EW vacuum.

(Figueroa, Rajantie & F.T., arXiv:1612.xxxx)

4. LATTICE SIMULATIONS: RESULTS



For $\xi \ge \xi_c \approx 12.1$, the Higgs field becomes unstable at a time $t_i(\xi)$



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- The SM Higgs is coupled to other SM particles: gauge bosons and fermions. They may affect the post-inflationary Higgs dynamics.
- Dominant decay products: electroweak gauge bosons:

$$S = -\int a^3(t) d^4x \left(\frac{1}{g^2} \sum_{a=1}^3 W^a_{\mu\nu} W^{\mu\nu}_a + \frac{1}{g'^2} Y_{\mu\nu} Y^{\mu\nu} + (D_\mu \Phi) (D^\mu \Phi) + \lambda (\Phi^\dagger \Phi)^2 \right) dt dt$$

• We introduce an Abelian-Higgs model in the lattice, mimicking the full non-Abelian structure of the Standard Model. Their effect is not very relevant.

$m_t(\text{GeV})$	ξ_c	ξ_c	
172.12	13 ± 0.3	12.2 ± 0.2	
172.73	8 ± 0.8	7.7 ± 0.1	
173.34	4.5 ± 0.8	4.3 ± 0.2	
173.95	< 4.0	< 4.0	

WITH

g. bosons:

WITHOUT

g. bosons:

5. CONCLUSIONS

- As the Ricci scalar was much greater in the past than now, earlyuniverse cosmology can provide tight constraints for the Higgscurvature coupling.
- With lattice simulations, one can determine **upper bounds** for ξ:

 $m^2 \phi^2$ inflation & $m_t=173.34$ GeV

$$0.06 \lesssim \xi \lesssim 4$$

Bounds are dependent on inflationary model and running of λ(φ). Lower-energy models can widen this range.